

UK Product Name	Digest Plus Tea	Code Name	TDP
Availability	Stock item in UK		
Description	Take Digest plus Tea after heavy meals and when the digestion needs a boost.		

**Ingredients**

Botanical Name	Common Name	Plant Part	Rank	%	Quantity()
Zingiber officinale Rosc.	Ginger	rhizome	1		
Foeniculum vulgare ssp capill	Sweet Fennel	seed	2		
Cinnamomum zeylanicum Bl	Cinnamon	bark	3		
Piper nigrum Linn.	Black Pepper	fruit	4		
Elettaria cardamomum (Linn.	Cardamom	fruit	5		
Syzygium aromaticum (Linn.)	Clove	flowe bud	6		

Contraindications/Precautions	None
Over dose and its Management	If there is discomfort discontinue use temporarily
Side Effects and Interactions	None known

**Usage**

Age Group	All
Dosage Form	2.0g teabags
Method of Use	Infuse one teabag in boiling water for 3-5 minutes. Add milk and sugar to taste.
How Long to Continue Use?	As required
Specific Dietary/Lifestyle Advice	

**Presentation**

Presentation	20 wrapped and tagged teabags in a cardboard box.
Net Weight grams	40
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36

Regulatory Status	Food Supplement
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