

Maharishi AyurVeda - Public Information

UK Product Name	Vata Shampoo (MA8009) BDIH-CNC	Code Name	MA8009
Availability	Stock item in UK		

Description

For normal to oily hair and scalp. An extra mild shampoo rich in cleansing Ayurvedic herbs that helps to balance the oiliness of hair.

Nourish your hair

There is no sodium lauryl sulphate or DEA in this shampoo. Instead the surfactant is lauryl glucosides from a plant source. You will notice it has a less sharp cleansing effect than chemical shampoos. The shampoo base is derived from Coconut and Beets and it is loaded herbal ingredients.

Amla provide Vitamin C and soothes the skin; Soap pod supports blood circulation in the scalp and hair growth, and maintains the firmness of the hair. Soapnut is a natural detergent that lathers even in hard water and at the same time is a tonic for the hair; Shoe flower is astringent, emollient and refringerant - it promotes hair growth, and balances Vat & Kapha; Dodder is astringent and soothes itching of the eyes; Trailing eclipta stimulates hair growth - it is called Ruler of the Hair; Haritaki & Bibhitaki are astringent.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/ml)
Lamesoft po 65	Coco glucoside & Glycerol ol		0	2	20.0
Plantacare 2000 Up	Decyl Glucoside		0	20	200.0
Aegle marmelos Corr.	Bael		0	0.024	0.2
Sodium benzoate	Sodium benzoate		0	0.5	5.0
Dermofeel Pa 3	Sodium phytate		0	0.1	1.0
Euperlan green	Lautyl glucoside & stearyl citr		0	3	30.0
Citrus limon (Linn.) Burm f.	Lemon	oil	0	0.35	3.5
Lavendula angustifolia L.	Lavender	oil	0	0.35	3.5
Eclipta prostrata (L.) L.	Trailing Eclipta	whole plant	0	0.02	0.2
Cyperus rotundus Linn.	Nut grass	root	0	0.008	0.1
Demineralised water	D.M. Water		1	56.5	565.0
Pantacare 1200 Up	Lauryl glucoside		3	16	160.0
Hydrolyzed wheat protein	Hydrolyzed wheat protein		6	0.5	5.0
Phyllanthus emblica L.	Amla	fruit rind	8	0.05	0.5
Acacia concinna Willd	Soap Pod	fruit	9	0.03	0.3
Sapindus trifoliatus Linn.	Soapnut Tree	fruit	11	0.055	0.6
Cuscuta reflexa Roxb.	Dodder	stem	13	0.001	0.0
Hibiscus rosa-sinensis Linn.	Shoe Flower	flower	15	0.012	0.1
Citric acidum	Citric acid		19	0.5	5.0

Contraindications/Precautions	None
Over dose and its Management	NA
Side Effects and Interactions	None known
Potential Allergens	Contains Geraniol, Limonene, Linalool (from essential oils)

Usage

Age Group	All
Dosage Form	liquid
Method of Use	Wet hair. Apply shampoo. Rinse off.
How Long to Continue Use?	As desired
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	200ml in a white PET bottle
Net Weight grams	200
Storage	Store in a cool, dark place, tightly closed
Shelf Life (months)	36

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