

Maharishi AyurVeda - Public Information

UK Product Name Organic Shatavari **Code Name** MA7949
Availability Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Tapioca starch	Tapioca starch	organic excipient	0	5	25.0
Asparagus racemosus Willd.	Indian asparagus	Organic root	0	95	475.0

Contraindications/Precautions

Over dose and its Management

Side Effects and Interactions None known

Potential Allergens

Usage

Age Group All
Dosage Form 500mg tablet
Method of Use One tablet three time daily with water
How Long to Continue Use? As recommended at <http://www.maharishi.co.uk/how-to-make-the-most-of-your-maharishi-ayurveda-products>
Specific Dietary/Lifestyle Advice

Presentation

Presentation 60 tablets in an amber PET pot with t/e lid
Net Weight grams 30
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Food Supplement