

Maharishi AyurVeda - Public Information

UK Product Name MA7939 Moringa Tablet **Code Name** MA7939
Availability

Description An aid to weight management as part of a balanced diet. Supports health of the eyes, skin, bones and digestive tract.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(1)
Moringa oleifera Lam.	Drumstick Tree(Organic)	leaf	1	94	470.0
Tapioca starch ORGANIC	Tapioca starch ORGANIC	Excipient	2	6	30.0

Contraindications/Precautions None

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Potential Allergens None

Usage

Age Group All

Dosage Form tablet

Method of Use Take 1-2 tablets twice daily with water after meals

How Long to Continue Use? As recommended at <http://www.maharishi.co.uk/how-to-make-the-most-of-your-maharishi-ayurveda-products>

Specific Dietary/Lifestyle Advice

Presentation

Presentation 60 tablets

Net Weight grams 30

Storage Store cool, dry, dark and lid tightly closed.

Shelf Life (months) 36

Regulatory Status Food Supplement