

Maharishi AyurVeda - Public Information

UK Product Name Organic Tulsi **Code Name** MA7928
Availability Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Ocimum sanctum Linn.	Holy Basil	Organic leaf	1	96	480.0
Tapioca starch	Tapioca starch	Organic starch	2	4	20.0

Contraindications/Precautions

Over dose and its Management

Side Effects and Interactions None known

Potential Allergens

Usage

Age Group All
Dosage Form 500mg tablet
Method of Use Take one tablet twice daily with water.
How Long to Continue Use? As recommended at <http://www.maharishi.co.uk/how-to-make-the-most-of-your-maharishi-ayurveda-products>
Specific Dietary/Lifestyle Advice

Presentation

Presentation 60 tablets in an amber PET pot with t/e lid
Net Weight grams 30
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Food Supplement