

Maharishi AyurVeda - Public Information

UK Product Name Organic MA2 **Code Name** MA7002
Availability Stock item in UK

Description Supports normal genitourinary function, digestion and assimilation.
If the urinary tract isn't functioning properly, toxins can accumulate and allow infections to spring up. Genitrac supports the entire genitourinary tract and digestion, assimilation and metabolism. Because Genitrac helps move vital nutrients quickly to cells and organs, it also helps nourish the body's tissues -- reproductive tissue, nutrient plasma, blood cells, muscle and fat tissue.
Large Caltrops is especially supportive to the genitourinary tract by focusing the benefits of the other herbs on it. .
Amla enhances all the thirteen agnis (digestive fires) and supports the natural diuretic function (Apana Vata), but does not force water from the body like diuretic pills. In other words, it helps eliminate waste from the body but does not over-stimulate the urinary system.
Indian Tinospora is renowned in Ayurveda for both its cleansing and nourishing properties. It thus provides overall support for the urinary tract.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	Organic stem	0	32	160.0
Phyllanthus emblica L.	Amla	Organic fruit rind	0	32	160.0
Pedaliu murex Linn.	Large Caltrops	Organic fruit	0	32.5	162.5

Contraindications/Precautions None
Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Potential Allergens

Usage

Age Group All
Dosage Form 500mg tablet
Method of Use Take 1-2 tablets twice daily with water.
How Long to Continue Use? As recommended at <http://www.maharishi.co.uk/how-to-make-the-most-of-your-maharishi-ayurveda-products>
Specific Dietary/Lifestyle Advice

Presentation

Presentation 120 tablets in an amber PET pot with T/E lid
Net Weight grams 60
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Food Supplement