

# Maharishi AyurVeda - Public Information

<b>UK Product Name</b>	Rasayana for Children (MA230)	<b>Code Name</b>	MA0230
<b>Availability</b>	Stock item in UK		
<b>Description</b>	Supports appetite and physical and mental growth of children		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Ipomoea cheirophylla O'Done	Giant Potato	tuberous root	1	28.02	140.1
Asparagus racemosus Willd.	Indian asparagus	root	1	28.02	140.1
Salmalia malabarica Schott.	Silk Cotton Tree	bark	3	27.05	135.3
Gymnema sylvestre (Retz) R.	Gymnema	leaf	4	13.53	67.7
Acacia nilotica subsp. toment	Gum Arabic	excipient	5	2.9	14.5
Talcum	Talc	excipient:lubrica	6	0.48	2.4

<b>Contraindications/Precautions</b>	None
<b>Over dose and its Management</b>	An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

<b>Side Effects and Interactions</b>	None known
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## Potential Allergens

## Usage

<b>Age Group</b>	Children aged 4 or more
<b>Dosage Form</b>	500mg tablet
<b>Method of Use</b>	For children aged 4 or more: Take 1 tablet 2-3 times daily with milk or water or honey.
<b>How Long to Continue Use?</b>	As recommended in the General Information leaflet.
<b>Specific Dietary/Lifestyle Advice</b>	

## Presentation

<b>Presentation</b>	60 tablets in an amber PET pot with T/E lid
<b>Net Weight grams</b>	30
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	36

<b>Regulatory Status</b>	Food Supplement
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