

<b>UK Product Name</b>	Peace at Night Aroma Oil	<b>Code Name</b>	APAN
<b>Availability</b>	Stock item in UK		
<b>Description</b>	<p>Six oils including chamomile, jasmine and lavender help you settle at bedtime and awaken fresh.</p> <p>Sweet dreams If set up to diffuse a little before you go to bed, this enchanting blend of six pure essential oils will relax you for hours. Includes Sweet Orange, Marjoram, Lavender and Jasmine.</p> <p>Essential Oils Masterpiece</p> <p>Create a healing environment with Therapeutic Aroma Oils. Pure essential oils are endowed by nature with exquisite fragrances. Blending the right oils in the right amounts creates a unique scent that is more than the sum of its parts — a Therapeutic Aroma oil blend.</p> <p>The full spectrum of our Therapeutic Aroma Oil blends is designed to help reconnect your mind and body, lift your spirits and raise your sense of harmony and well-being naturally. Our aroma oils are blends are made from pure, essential oils. They contain no alcohol or artificial ingredients.</p>		

### Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg)
Citrus dulcis	Sweet orange	rind oil	1		
Lavendula angustifolia	Lavender	flower oil	2		
Ocimum sanctum Linn.	Holy Basil	leaf oil	3		
Origanum marjorana	Sweet Marjoram	whole plant oil	4		
Jasminum officinale Linn.	Jasmine	flower oil	4		
Chamaemelum nobile	Roman Chamomile	essential oil	6		

<b>Contraindications/Precautions</b>	Not intended for use on the skin. However the warmth of the body may be used to diffuse the aromas - if so dilute in a base oil (1:10) before applying. Be particularly cautious on young and sensitive skin.
<b>Over dose and its Management</b>	NA
<b>Side Effects and Interactions</b>	None known
<b>Usage</b>	
<b>Age Group</b>	All
<b>Dosage Form</b>	Liquid
<b>Method of Use</b>	Use an aroma diffuser to diffuse the oil in an enclosed space. The benefits come through the sense of smell rather than through the skin. The warmth of the body may be used to evaporate this oil but it is recommended that you first dilute it with a fixed oil (e.g. almond) taking particular care with young and sensitive skin.
<b>How Long to Continue Use?</b>	As desired
<b>Specific Dietary/Lifestyle Advice</b>	

### Presentation

<b>Presentation</b>	10 ml in a glass bottle with dropper and t/e cap
<b>Net Weight grams</b>	
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	

<b>Regulatory Status</b>	General
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