

UK Product Name Keen Mind Aroma Oil Code Name AKM
 Availability Stock item in UK

Description
 A very valuable aid that helps to settle and focus the mind. Contains Indian basil, ginger and sandalwood.
 Proper stimulation can help improve mental co-ordination, recharge learning ability and memory, and improve the power of recall.
 This formula blends pure essential oils to refresh your mind as effectively as walking in a pine forest.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity()
Ocimum basilicum L.	Sweet basil	leaf oil	1		
Zingiber officinale Rosc.	Ginger	rhizome oil	2		
Santalum album Linn.	White sandalwood	heartwood oil	2		
Prunus dulcis (Mill.) DA Web	Sweet Almond	seed oil	4		
Syzygium aromaticum (Linn.)	Clove	flower bud oil	5		
Juniperus communis Linn	Juniper	essential oil of b	5		
Rosa x damascena Mill.	Damask Rose	petal oil	7		

Contraindications/Precautions Not intended for use on the skin. However the warmth of the body may be used to diffuse the aromas - if so dilute in a base oil (1:10) before applying. Be particularly cautious on young and sensitive skin.

Over dose and its Management NA

Side Effects and Interactions None known

Usage

Age Group All

Dosage Form Liquid

Method of Use Use an aroma diffuser to diffuse the oil in an enclosed space. The benefits come through the sense of smell rather than through the skin. The warmth of the body may be used to evaporate this oil but it is recommended that you first dilute it with a fixed oil (e.g. almond) taking particular care with young and sensitive skin.

How Long to Continue Use? As desired

Specific Dietary/Lifestyle Advice

Presentation

Presentation 10 ml in a glass bottle with dropper and t/e cap

Net Weight grams

Storage Store in a cool, dry, dark place, tightly closed

Shelf Life (months)

Regulatory Status General