

# Maharishi AyurVeda - Public Information

<b>UK Product Name</b>	Maharishi Honey Taste 3	<b>Code Name</b>	MH03
<b>Availability</b>	Stock item in UK		
<b>Description</b>	Produced from mid August - mid October. Zodiac sign Simha/Leo. Nourishes the Optic nerve and the sense of sight .		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg)
Apis mellifera L	Honey bee	honey	1	100	0.0

**Contraindications/Precautions** Do not heat it above body temperature.

**Over dose and its Management**

**Side Effects and Interactions** None known

**Potential Allergens**

## Usage

<b>Age Group</b>	All
<b>Dosage Form</b>	Honey
<b>Method of Use</b>	Use sparingly as a food & intelligence supplement. Do not heat.above body temperature.
<b>How Long to Continue Use?</b>	Long term use is beneficial
<b>Specific Dietary/Lifestyle Advice</b>	

## Presentation

<b>Presentation</b>	250 grams and 50 grams in boxed glass jar.
<b>Net Weight grams</b>	250/50
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	120
<b>Regulatory Status</b>	Food