

Maharishi AyurVeda - Public Information

UK Product Name Organic Almond Energy drink **Code Name** MA7900
Availability Stock item in UK

Description A delicious energy giving drink that supports growth, mental and eye function.
Almonds and herbs for a burst of energy
Delicious, wholesome Almond Energy helps energize and fortify body and mind. A drink mix that combines energy-giving Almonds with potent ayurvedic herbs, Almond Energy can be added to milk, juice, water or Raja's Cup to make a nourishing beverage for adults or children.
The Aswagandha supports adaptability and eye function and Jal Brahmi is soothing and balances mental activity.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/g)
Saccharum officinarum Linn.	Sugar Cane	Fine powder	1	90.646	906.5
Prunus amygdalus Batsch. (s	Sweet Almond	kernel powder	2	6	60.0
Elettaria cardamomum (Linn)	Cardamom	seed powder	3	3	30.0
Centella asiatica (L.) Urb	Indian Pennywort	whole plant pow	5	0.2	2.0
Withania somnifera (L.) Dunal	Aswagandha	root powder	6	0.15	1.5
Pandanus odoratissimus Linn	Screw Pine	essential oil	7	0.004	0.0

Contraindications/Precautions None
Over dose and its Management NA
Side Effects and Interactions None known
Potential Allergens Contains almonds

Usage

Age Group All
Dosage Form powder
Method of Use Add 1- 2 tablespoons of powder to a glass or warm or cool milk or water morning and evening. Or it may be added to desserts or cereals.
How Long to Continue Use? As desired
Specific Dietary/Lifestyle Advice

Presentation

Presentation 200g in card and metal pot with plastic closure
Net Weight grams 200
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36
Regulatory Status Food