

Maharishi AyurVeda - Public Information

UK Product Name Raja's Cup 228g + 500g (loose) **Code Name** MA0704
Availability Stock item in UK

Description Raja's cup is a wholesome coffee-like drink with full-bodied flavour fit for a king. It is made from Clearing nut, Coffee senna, Liquorice and Ashwagandha. It balances all three doshas. It is sealed in an aroma-safe way to preserve its full flavour. (Free of caffeine, gluten, grain and carob)

Benefits:

ASHWAGANDHA (*Withania somnifera*) supports resistance to stress, mental balance, energy levels and respiratory levels and sexual functions.

LIQUORICE: supports digestive comfort, urinary function, joints, energy and reproductive health. Helps keep airways clear, promotes intellect. Iscooling and tonic.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/2.5g)
Strychnos potatorum Linn. f.	Clearing-Nut Tree	seed	1	83	2,075.0
Senna occidentalis (L.) Link	Coffee senna	seed	2	8	200.0
Withania somnifera (L.) Dunal	Aswagandha	root	3	4	100.0
Glycyrrhiza glabra Linn.	Liquorice	root	3	4	100.0

Contraindications/Precautions None
Over dose and its Management NA
Side Effects and Interactions None known
Potential Allergens

Usage

Age Group All
Dosage Form granules
Method of Use Put 1/4 to 1/2 teaspoon (2.5-5g) in boiling water or percolate/brew in a coffee machine. Add milk and sugar to taste. Or boil it milk and then add sugar to taste. Take 2-3 times daily.
How Long to Continue Use? As desired
Specific Dietary/Lifestyle Advice IMPORTANT: If you are pregnant, nursing or have a known medical condition, consult your physician before taking this or any other dietary supplement.

Presentation

Presentation 150g in pot with lid; 200g or 500g in a gusseted foil bag; 228g in tin with lid.
Net Weight grams As Product
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 24

Regulatory Status Food Supplement