

Maharishi AyurVeda - Public Information

UK Product Name	MP4 Country Mallow Massage Oil	Code Name	MP04
Availability	Stock item in UK		
Description	A body massage oil that helps keep Vata tendencies in balance.		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/ml)
Sesamum indicum Linn.	Sesame	seed oil	1	96	912.0
Sida cordifolia Linn.	Country Mallow	root	2	4	38.0

Contraindications/Precautions	External use only
Over dose and its Management	If there is discomfort discontinue use temporarily
Side Effects and Interactions	None known
Potential Allergens	

Usage

Age Group	All
Dosage Form	herbal oil
Method of Use	Warm the oil to body temperature and massage into the whole body.
How Long to Continue Use?	As required
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	1 litre in a clear HDPE bottle with t/e cap.
Net Weight grams	900
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	6
Regulatory Status	Cosmetic