

Maharishi AyurVeda - Public Information

UK Product Name	MP3 Spreading Hogweed Massage Oil	Code Name	MP03
Availability	Stock item in UK		
Description	A body massage oil that helps keep kapha tendencies in balance.		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg)
Sesamum indicum Linn.	Sesame	seed oil	1	96	
Boerhaavia diffusa Linn.	Red Spreading Hogweed		2	4	

Contraindications/Precautions	External use only
Over dose and its Management	If there is discomfort discontinue use temporarily
Side Effects and Interactions	None known
Potential Allergens	

Usage

Age Group	All
Dosage Form	herbal oil
Method of Use	Warm the oil to body temperature and massage into the whole body.
How Long to Continue Use?	As required
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	1 litre in a clear HDPE bottle with t/e cap.
Net Weight grams	900
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	6
Regulatory Status	Cosmetic