

# Maharishi AyurVeda - Public Information

<b>UK Product Name</b>	MP2 Sandalwood Massage oil	<b>Code Name</b>	MP02
<b>Availability</b>	Stock item in UK		
<b>Description</b>	A body massage oil containing cooling sandalwood that helps keep Pitta tendencies in balance.		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/ml)
Sesamum indicum Linn.	Sesame	seed oil	1	96	912.0
Santalum album Linn.	White sandalwood	heartwood	2	4	38.0

<b>Contraindications/Precautions</b>	External use only
<b>Over dose and its Management</b>	If there is discomfort discontinue use temporarily
<b>Side Effects and Interactions</b>	None known
<b>Potential Allergens</b>	

## Usage

<b>Age Group</b>	All
<b>Dosage Form</b>	herbal oil
<b>Method of Use</b>	Warm the oil to body temperature and massage into the whole body.
<b>How Long to Continue Use?</b>	As required
<b>Specific Dietary/Lifestyle Advice</b>	

## Presentation

<b>Presentation</b>	1 litre in a clear HDPE bottle with t/e cap.
<b>Net Weight grams</b>	900
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	6
<b>Regulatory Status</b>	Cosmetic