

# Maharishi AyurVeda - Public Information

<b>UK Product Name</b>	MP1 Dashamool Massage Oil	<b>Code Name</b>	MP01
<b>Availability</b>	Stock item in UK		
<b>Description</b>	A body massage oil that helps keep all three dosha in balance.		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity()
Sesamum indicum Linn.	Sesame	seed oil	1	96.4	
Uraria picta Linn.	Prisniparni	whole plant	2	0.3	
Tribulus terrestris Linn.	Small Caltrops	whole plant	2	0.3	
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	2	0.3	
Solanum indicum Linn.	Indian nightshade	whole plant	2	0.3	
Premna integrifolia Linn.	Headache Tree	bark	2	0.3	
Pedaliium murex Linn.	Large Caltrops	fruit	2	0.3	
Oroxylum indicum Vent.	Trumpet Tree	bark	2	0.3	
Gmelina arborea Roxb ex Sm	Cashmere Bark	bark	2	0.3	
Desmodium gangeticum (L).	Tik Trefoil	whole plant	2	0.3	
Cissampelos pareira Linn.	Velvet Leaf	whole plant	2	0.3	
Aegle marmelos Corr.	Bael	bark	2	0.3	
Abutilon indicum (Linn.) Swee	Abutilon	whole plant	2	0.3	

<b>Contraindications/Precautions</b>	External use only
<b>Over dose and its Management</b>	If there is discomfort discontinue use temporarily
<b>Side Effects and Interactions</b>	None known
<b>Potential Allergens</b>	

## Usage

<b>Age Group</b>	All
<b>Dosage Form</b>	herbal oil
<b>Method of Use</b>	Warm the oil to body temperature and massage into the whole body.
<b>How Long to Continue Use?</b>	As required
<b>Specific Dietary/Lifestyle Advice</b>	

## Presentation

<b>Presentation</b>	1 litre in a clear HDPE bottle with t/e cap.
<b>Net Weight grams</b>	900
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	6

<b>Regulatory Status</b>	Cosmetic
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