

# Maharishi AyurVeda - Public Information

**UK Product Name** MP35 **Code Name** MP35  
**Availability** Stock item in UK

## Description

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(g/5g)
Foeniculum vulgare Mill	Sweet Fennel	seed	1	50.1	2.5
Glycyrrhiza glabra bio	Bio liquorice	root	2	49.9	2.5

**Contraindications/Precautions** None  
**Over dose and its Management** Consult clinic staff  
**Side Effects and Interactions** None known  
**Potential Allergens**

## Usage

**Age Group** All  
**Dosage Form** powder  
**Method of Use** Add 5-8g to shodhana mixture before MP1 decoction. Strain before use.  
**How Long to Continue Use?** As instructed by clinic staff.  
**Specific Dietary/Lifestyle Advice**

## Presentation

**Presentation** 200g in a white HDPE pot with t/e lid.  
**Net Weight grams** 200  
**Storage** Store in a cool, dry, dark place, tightly closed  
**Shelf Life (months)** 24

**Regulatory Status** Cosmetic