

Maharishi AyurVeda - Public Information

UK Product Name Dietary Supplement (MP25) **Code Name** MP25
Availability Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(g/20ml)
Zingiber officinale Rosc.	Ginger	rhizome	1	50.1	5.0
Cuminum cyminum Linn.	Cumin	seed	2	49.9	5.0

Contraindications/Precautions None
Over dose and its Management Consult clinic staff
Side Effects and Interactions None known
Potential Allergens

Usage

Age Group All
Dosage Form powder
Method of Use Take 20ml, add 800ml of water and boil it down to 200ml. Take 30ml of the decoction twice daily before main meals.
How Long to Continue Use? As instructed by clinic staff.
Specific Dietary/Lifestyle Advice

Presentation

Presentation 300g in a white HDPE pot with t/e lid.
Net Weight grams 300
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 24

Regulatory Status Food Supplement