

# Maharishi AyurVeda - Public Information

**UK Product Name** MP6 powder (MA730) Chiretta/Cassia Lignae comp **Code Name** MA0730  
**Availability** Stock item in UK

## Description

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/g)
Swertia chirata Buch.-Ham.	Chiretta	whole plant	1	51.77	517.7
Inula racemosa Hook. f.	Inula root	root	2	1.15	11.5
Glycyrrhiza glabra Linn.	Liquorice	root	2	1.15	11.5
Fumeria officinalis Linn.	Fumitory	whole plant	2	1.15	11.5
Phyllanthus emblica L.	Amla	fruit rind	2	1.15	11.5
Desmodium gangeticum (L).	Tik Trefoil	whole plant	2	1.15	11.5
Cyperus rotundus Linn.	Nut grass	tuberous root	2	1.15	11.5
Curcuma zedoaria(Christm)	Zedoary	rhizome	2	1.15	11.5
Curcuma longa Linn.	Turmeric	rhizome	2	1.15	11.5
Abies spectabilis(D. Don) Mir	Silver Fir	leaf	2	1.15	11.5
Cinnamomum verum J. Presl	Cinnamon verum	bark	2	1.15	11.5
Nelumbo nucifera Gaertn.	Sacred Lotus	flower	2	1.15	11.5
Cinnamomum tamala (Buch.-	Cassia Lignae	leaf	2	1.15	11.5
Cedrus deodara (Roxb.ex D.	Deodar	heartwood	2	1.15	11.5
Caesalpina bonduc L.	Velvet Bean	seed	2	1.15	11.5
Berberis aristata DC	Indian Barberry	rhizome	2	1.15	11.5
Bambusa bambos(L.) Voss	Bamboo Manna	secretions	2	1.15	11.5
Azadirachta indica A. Juss.	Neem	bark	2	1.15	11.5
Andropogon muricatus Retz.	Khus Khus grass	root	2	1.15	11.5
Andrographis paniculata (Bur	Kalmegh	whole plant	2	1.15	11.5
Alhagi maurorum Medik.	Camel Thorn	whole plant	2	1.15	11.5
Rothea serrata(L) Steane&M	Glorybower	root	2	1.15	11.5
Sida cordifolia Linn.	Country Mallow	whole plant	2	1.15	11.5
Zingiber officinale Rosc.	Ginger	rhizome	2	1.15	11.5
Valeriana wallichii DC.	Indian Valerian	rhizome	2	1.15	11.5
Uraria picta Linn.	Prisniparni	whole plant	2	1.15	11.5
Trichosanthes dioica Roxb.	Pointed Gourd	leaf	2	1.15	11.5
Trachyspermum ammi (Linn.	Ajowain	fruit	2	1.15	11.5
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	2	1.15	11.5
Terminalia chebula Retz.	Haritaki	fruit rind	2	1.15	11.5
Terminalia belerica Roxb.	Bibhitaki	fruit rind	2	1.15	11.5
Moringa oleifera Lam.	Horse Radish Tree	seed	2	1.15	11.5
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	2	1.15	11.5
Myristica fragrans Houtt	Mace	aril	2	1.15	11.5
Santalum album Linn.	White sandalwood	heartwood	2	1.15	11.5
Potassium aluminium sulphat	Alumen		2	1.15	11.5
Plumbago zeylanica Linn.	White Leadwort	root	2	1.15	11.5
Piper nigrum Linn.	Black Pepper	fruit	2	1.15	11.5
Piper longum Linn.	Long Pepper	root	2	1.15	11.5
Piper chaba Hunter	Java Long Pepper	root	2	1.15	11.5
Pavonia odorata Willd.	Netrabala	root	2	1.15	11.5
Chaerophyllum reflexum var	Ateesh Meetha	root	2	1.15	11.5
Syzygium aromaticum (Linn.)	Clove	flower bud	2	1.15	11.5

**Contraindications/Precautions** None

**Over dose and its Management** An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions** None known

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**UK Product Name** MP6 powder (MA730) Chiretta/Cassia Lignae comp **Code Name** MA0730  
**Availability** Stock item in UK  
**Potential Allergens**

### Usage

**Age Group** All  
**Dosage Form** powder  
**Method of Use** For use as recommended in panchakarma treatment.  
**How Long to Continue Use?** As instructed by clinic staff  
**Specific Dietary/Lifestyle Advice**

### Presentation

**Presentation** 100g in a HDPE pot with t/e lid.  
**Net Weight grams** 100  
**Storage** Store in a cool, dry, dark place, tightly closed  
**Shelf Life (months)** 24

**Regulatory Status** General Product & Food Supplement