

Maharishi AyurVeda - Public Information

UK Product Name	Sandalwood powder	Code Name	MA0955
Availability	Stock item in UK		
Description	Sandalwood has a cooling and balancing effect and is particularly useful in supporting the health of the skin, urinary tract and mind.		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/0.5g)
Santalum album Linn.	White sandalwood		1	100	500.0

Contraindications/Precautions External application on open wounds is not recommended.

Over dose and its Management

Side Effects and Interactions

Potential Allergens

Usage

Age Group

Dosage Form

powder

Method of Use

Take 1/4-1/2 teaspoon (0.5-1 grams) twice daily. To support mental balance take it with glucose water. To support urinary tract health take it with barley water.

How Long to Continue Use?

Not more than 6 weeks without the guidance of your health adviser'

Specific Dietary/Lifestyle Advice

Presentation

Presentation

50g in white HDPE pot with t/e lid.

Net Weight grams

50

Storage

Store in a cool, dry, dark place, tightly closed

Shelf Life (months)

Regulatory Status

General & Food Supplement