

# Maharishi AyurVeda - Public Information

**UK Product Name** Pitta Hair & Scalp Oil **Code Name** MA0921  
**Availability** Stock item in UK

**Description** For normal to sensitive scalp and thinning hair. Scalp massage improves circulation and strengthens immunity. This oils is rich in cooling Ayurvedic herbs (including Sandalwood and Blue Water Lily) that support the health of the scalp and hair roots and reduce greying.

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/ml)
Centella asiatica (L.) Urb	Indian Pennywort	Whole plant	0	0.07	0.7
Vetiveria zizanioides (Linn.) N	Vetivert	oil	0	0.18	1.7
Cedrus deodara (Roxb.ex D.	Deodar	Heartwood oil	0	2	19.0
Pinus roxburghii	Turpentine	oil	0	0.42	4.0
Sesamum indicum Linn.	Sesame	seed oil	1	96.63	918.0
Eclipta prostrata (L.) L.	Trailing Eclipta	whole plant extra	2	0.07	0.7
Symplocos racemosa Roxb.	Lodh Tree	bark extract	4	0.03	0.3
Santalum album Linn.	White sandalwood	heartwood extra	4	0.01	0.1
Nymphaea stellata Willd.	Blue Water Lily	flower extract	4	0.02	0.2
Mimosa pudica L.	Sensitive Plant	whole plant extra	4	0.02	0.2
Hibiscus rosa-sinensis Linn.	Shoe Flower	flower extract	4	0.05	0.5
Cyperus rotundus Linn.	Nut grass	tuberous root ext	4	0.02	0.2
Rubia cordifolia Linn.	Indian Madder	root	12	0.43	4.1
Curcuma longa Linn.	Turmeric	rhizome	13	0.05	0.5

**Contraindications/Precautions** None  
**Over dose and its Management** If there is discomfort discontinue use temporarily  
**Side Effects and Interactions** None known  
**Potential Allergens** Pitta blend contains  
Limonene 0.0011  
Geraniol 0.00027  
Linalool 0.00085

## Usage

**Age Group** All  
**Dosage Form** herbal oil  
**Method of Use** Mix the oil 50% with olive oil, then warm the mixture to body temperature and apply about a tablespoonful to the scalp. Massage it in gently. Leave on for at least 15-30 minutes or preferably overnight. Then wash it out with Pitta shampoo.  
**How Long to Continue Use?** As desired  
**Specific Dietary/Lifestyle Advice**

## Presentation

**Presentation** 150ml in a white PET bottle  
**Net Weight grams**  
**Storage** Store in a cool, dry, dark place, tightly closed  
**Shelf Life (months)** 36

**Regulatory Status** Cosmetic