

Maharishi AyurVeda - Public Information

UK Product Name Vata Hair & Scalp Oil **Code Name** MA0920
Availability Stock item in UK

Description For normal to dry hair and scalp. Scalp massage improves circulation and strengthens immunity. This oils is rich in Ayurvedic herbs (including Bhringaraj - 'lord of the hair') that support the health of the scalp and hair roots and reduce greying and thinning of hair.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/ml)
Sesamum indicum Linn.	Sesame	seed oil	1	78.9	749.6
Phyllanthus emblica L.	Amla	fruit rind	2	2.37	22.5
Hibiscus rosa-sinensis Linn.	Shoe Flower	flower extract	3	6.31	59.9
Santalum album Linn.	White sandalwood	heartwood extra	4	2.37	22.5
Rubia cordifolia Linn.	Indian Madder	root	4	2.37	22.5
Eclipta prostrata (L.) L.	Trailing Eclipta	whole plant extra	4	2.37	22.5
Cyperus scariosus (R.Br.)	Nagarmotha	tuberous root ext	4	2.37	22.5
Bacopa monnieri (L.) Wettst.	Jal Brahmi	whole plant extra	4	2.37	22.5
Curcuma longa Linn.	Turmeric	rhizome	9	0.59	5.6

Contraindications/Precautions None
Over dose and its Management If there is discomfort discontinue use temporarily
Side Effects and Interactions None known

Potential Allergens

Usage

Age Group All
Dosage Form herbal oil
Method of Use Warm the oil to body temperature and apply about a tablespoonful to the scalp. Massage it in gently. Leave on for at least 15-30 minutes or preferably overnight. Then wash it out with Vata shampoo.
How Long to Continue Use? As desired
Specific Dietary/Lifestyle Advice

Presentation

Presentation 150ml in a white PET bottle
Net Weight grams
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Cosmetic