

# Maharishi AyurVeda - Public Information

<b>UK Product Name</b>	Nasal Drops (MA735)	<b>Code Name</b>	MA0735
<b>Availability</b>	Stock item in UK		

**Description** Supports mental clarity and health of upper respiratory tract and sinuses.

This preparation of herbalised sesame oil and goats milk with 25 herbs helps to protect your nose and sinuses, and keep the nasal passages free. Clear nasal passages can be thought of as the ventilation system for your brain that is essential for clear thinking. The herbal content also support balanced mental function and resistance to infection,

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/0.1ml)
Sesamum indicum Linn.	Sesame	seed oil	1	93.56	0.9
Goats milk	Goats milk		2	3.5	0.0
Rubia cordifolia Linn.	Indian Madder	root	3	1.68	0.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	4	0.19	0.0
Justicia adhatoda L.	Malabar Nut	whole plant	5	0.09	0.0
Curcuma longa Linn.	Turmeric	rhizome	5	0.09	0.0
Nelumbo nucifera Gaertn.	Sacred Lotus	flower	5	0.09	0.0
Glycyrrhiza glabra Linn.	Liquorice	root	8	0.08	0.0
Pavonia odorata Willd.	Netrabala	root	8	0.08	0.0
Nelumbo nucifera Gaertn.	Sacred Lotus	stamen	10	0.06	0.0
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	10	0.06	0.0
Uraria picta Linn.	Prisniparni	whole plant	12	0.05	0.0
Leptadenia reticulata (Retz.)	Jivanti	root	12	0.05	0.0
Hemidesmus indicus (Linn) R	Indian Sarsaparilla	root	12	0.05	0.0
Nymphaea stellata Willd.	Blue Water Lily	flower	15	0.04	0.0
Elettaria cardamomum (Linn)	Cardamom	fruit	15	0.04	0.0
Cinnamomum tamala (Buch.-	Cassia Lignae	leaf	15	0.04	0.0
Berberis aristata DC	Indian Barberry	stem	18	0.03	0.0
Cyperus scariosus (R.Br.)	Nagarmotha	tuberous root	18	0.03	0.0
Cyperus rotundus Linn.	Nut grass	tuberous root	18	0.03	0.0
Salmalia malabarica Schott.	Silk Cotton Tree	bark	21	0.02	0.0
Vetiveria zizanoides (Linn.) N	Vetivert	root	21	0.02	0.0
Cinnamomum verum J. Presl	Cinnamon verum	bark	21	0.02	0.0
Vitex agnus-castus Linn.	Chaste Tree	seed	21	0.02	0.0
Desmodium gangeticum (L).	Tik Trefoil	whole plant	21	0.02	0.0
Cedrus deodara (Roxb.ex D.	Deodar	heartwood	26	0.01	0.0
Aegle marmelos Corr.	Bael	bark	26	0.01	0.0
Santalum album Linn.	White sandalwood	heartwood	26	0.01	0.0

<b>Contraindications/Precautions</b>	None
<b>Over dose and its Management</b>	An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.
<b>Side Effects and Interactions</b>	None known
<b>Potential Allergens</b>	Contains milk & sesame oil

## Usage

<b>Age Group</b>	All
<b>Dosage Form</b>	herbal oil
<b>Method of Use</b>	Put 1 drop (0.1ml) onto the tip of a finger and apply to the nostril several times a day. Do not use within 30 mins before meals or before bedtime. Or use to refill a nasal sprayer. Do not swallow - spit out any mucus that comes down the nasal passage.
<b>How Long to Continue Use?</b>	May be used continuously for maximum benefit.
<b>Specific Dietary/Lifestyle Advice</b>	

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<b>Presentation</b>			
<b>Presentation</b>	50ml in a amber glass bottle		
<b>Net Weight grams</b>			
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed		
<b>Shelf Life (months)</b>	36		
<b>Regulatory Status</b>	General		