

UK Product Name MADT13 Tinospora/Triphala complex **Code Name** MADT013
Availability Stock item in UK

Description
Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Tinospora cordifolia (Willd.) H	GulanCHA Tinospora	stem	1	30.61	153.1
Terminalia chebula Retz.	Haritaki	fruit rind	2	15.31	76.6
Terminalia belerica Roxb.	Bibhitaki	fruit rind	2	15.63	78.2
Emblica officinalis Gaertn.	Amla	fruit rind	2	15.63	78.2
Commiphora mukul (Hook. ex	Guggul	exudate	2	15.63	78.2
Zingiber officinale Rosc.	Ginger	rhizome	6	0.96	4.8
Piper nigrum Linn.	Black Pepper	fruit	6	0.96	4.8
Piper longum Linn.	Long Pepper		6	0.96	4.8
Ipomoea turpethum R.Br.	Turpeth	root	6	0.96	4.8
Acacia arabica Willd.	Gum Arabic	excipient	10	1.92	9.6
Talcum	Talc	excipient	11	0.96	4.8
Magnesium stearate	Magnesium stearate	excipient	12	0.47	2.4

Contraindications/Precautions

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group All
Dosage Form 500mg tablet
Method of Use Take 1 tablet twice daily after breakfast and the evening meal followed by milk. Swallow the tablet whole; do not chew.
How Long to Continue Use? As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice Do not eat chillies and other spicy foods.

Presentation

Presentation 60 tablets in an HDPE pot with foil seal.
Net Weight grams 30
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Medicine Exempt from Licensing