

UK Product Name MADK2 Indian Madder/Sarsaparilla complex **Code Name** MADK002
Availability Stock item in UK

Description**Ingredients**

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Rubia cordifolia Linn.	Indian Madder	root	1	40.13	200.7
Rubia cordifolia Linn.	Indian Madder	root extract	2	41.92	209.6
Hemidesmus indicus (Linn) R	Indian Sarsaparilla	root extract	3	11.98	59.9
Berberis aristata DC	Indian Barberry	stem extract	3	4.99	25.0
Magnesium stearate	Magnesium stearate	excipient	5	0.49	2.5
Talcum	Talc	excipient	5	0.49	2.5

Contraindications/Precautions Not recommended in cases of peptic ulcer, nausea and vomiting.
Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group All
Dosage Form 500mg tablet
Method of Use Take 1-2 tablets twice daily with water on an empty stomach.
How Long to Continue Use? As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice Favour whole wheat bread, light foods & fresh fruits, ghee, light entertainment, music. Avoid spicy foods, hot things, fasting & irregular habits, anger.

Presentation

Presentation 60 tablets in an HDPE pot with foil seal.
Net Weight grams 30
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Medicine Exempt from Licensing