

<b>UK Product Name</b>	Eye Support ghee (MA3550)	<b>Code Name</b>	MA4550
<b>Availability</b>	Stock item in UK		
<b>Description</b>	Helps maintain healthy eyes.		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/5ml)
Cow ghee (clarified butter)	Clarified butter		1	91.87	4,593.5
Lactus	Cow's milk		2	3.5	175.0
Saccharum officinarum Linn.	Sugar Cane	stem juice	3	2.06	103.0
Emblica officinalis Gaertn.	Amla	fruit rind	4	0.56	28.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	5	0.47	23.5
Adhatoda vasica Nees.	Malabar Nut	whole plant	6	0.22	11.0
Eclipta alba Hassk.	Trailing Eclipta	whole plant	7	0.17	8.5
Terminalia belerica Roxb.	Bibhitaki	fruit rind	8	0.16	8.0
Terminalia chebula Retz.	Haritaki	fruit rind	8	0.16	8.0
Vitis vinifera Linn.	Grape	fruit	10	0.15	7.5
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	11	0.11	5.5
Terminalia chebula Retz.	Haritaki	fruit rind extract	12	0.1	5.0
Terminalia belerica Roxb.	Bibhitaki	fruit rind extract	12	0.1	5.0
Emblica officinalis Gaertn.	Amla	fruit rind extract	14	0.09	4.5
Piper longum Linn.	Long Pepper	fruit	15	0.08	4.0
Fritillaria roylei Hook.	Crown Imperial	bulb	16	0.06	3.0
Nelumbo nucifera Gaertn.	Sacred Lotus	flower	17	0.05	2.5
Glycyrrhiza glabra Linn.	Liquorice	root	18	0.04	2.0
Withania somnifera (L.) Duna	Aswagandha	root	19	0.03	1.5
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem extract	20	0.02	1.0

## Contraindications/Precautions

**Over dose and its Management** An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions** None known

## Usage

<b>Age Group</b>	All
<b>Dosage Form</b>	herbal ghee
<b>Method of Use</b>	Take 1-2 level teaspoonfuls (5-10ml) twice daily with warm milk on an empty stomach. May be taken with food if more palatable.
<b>How Long to Continue Use?</b>	As recommended in the General Information leaflet.
<b>Specific Dietary/Lifestyle Advice</b>	

## Presentation

<b>Presentation</b>	250 grams in a PET pot.
<b>Net Weight grams</b>	250
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	60

**Regulatory Status** Food Supplement