

**UK Product Name**

MA3673 Indian Kudzu/Aswagandha complex

**Code Name** MA3673**Availability**

Stock item in UK

**Description****Ingredients**

<b>Botanical Name</b>	<b>Common Name</b>	<b>Plant Part</b>	<b>Rank</b>	<b>%</b>	<b>Quantity(mg/60mg)</b>
Withania somnifera (L.) Dunal	Aswagandha	root	1	23.81	14.3
Pueraria tuberosa DC.	Indian Kudzu	tuberous root	1	23.81	14.3
Glycyrrhiza glabra Linn.	Liquorice	root	1	23.81	14.3
Biotite mica	Abhraka bhasma		1	23.81	14.3
Starch	Starch	excipient:binder	4	2	1.2
Acacia arabica Willd.	Gum Arabic	excipient:binder	4	2	1.2
Talcum	Talc	excipient:lubrica	6	1	0.6

**Contraindications/Precautions**

Do not take on an empty stomach???????

**Over dose and its Management**

An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions**

None known

**Usage****Age Group**

All

**Dosage Form**

60mg pills

**Method of Use**

Take 1-2 pills twice daily with water or mixed with a little honey.

**How Long to Continue Use?**

As recommended in the General Information leaflet.

**Specific Dietary/Lifestyle Advice****Presentation****Presentation**

250 pills in an HDPE pot with foil seal.

**Net Weight grams**

15

**Storage**

Store in a cool, dry, dark place, tightly closed

**Shelf Life (months)**

36

**Regulatory Status**

Medicine Exempt from Licensing