

UK Product Name	Study Support tablets	Code Name	MA1882
Availability	Stock item in UK		
Description	<p>Helps enliven the ability to absorb, retain and utilize knowledge.</p> <p>Brahmi nourishes and co-ordinates the brain.</p> <p>Cardamom helps to clear dullness from mental function.</p>		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Bacopa monnieri (Linn.) Penn	Jal Brahmi	whole plant	1	22.5	112.5
Terminalia chebula Retz.	Haritaki	fruit rind	2	9	45.0
Asparagus racemosus Willd.	Indian asparagus	root	2	9	45.0
Glycyrrhiza glabra bio	Bio liquorice	root	2	9	45.0
Piper longum Linn.	Long Pepper	fruit	2	9	45.0
Embllica officinalis Gaertn.	Amla	fruit rind	2	9	45.0
Paeonia officinalis	Common Peony	tuberous root	2	9	45.0
Foeniculum vulgare Mill	Bio Fennel	fruit	8	4.5	22.5
Elettaria cardamomum (Linn.)	Cardamom	fruit	8	4.5	22.5
Agate incinerated	Agate bhasma		10	2.7	13.5
Terminalia chebula Retz.	Haritaki	fruit rind extract	11	2.2	11.0
Asparagus racemosus Willd.	Indian asparagus	root extract	12	2.12	10.6
Embllica officinalis Gaertn.	Amla	fruit rind extract	13	1.88	9.4
Pinctada margaritifera	Black Lipped Pearl Oyster Sh	pearl	14	1.8	9.0
Bacopa monnieri (Linn.) Penn	Jal Brahmi	whole plant extr	15	0.9	4.5
Acacia arabica Willd.	Gum Arabic	excipient: binder	16	1.92	9.6
Magnesium stearate	Magnesium stearate	excipient:lubrica	17	0.49	2.5
Talcum	Talc	excipient:lubrica	17	0.49	2.5

Contraindications/Precautions

Over dose and its Management

Side Effects and Interactions

Usage

Age Group	All
Dosage Form	500mg tablet
Method of Use	Take 2 tablets twice daily before meals with a little water or with milk.
How Long to Continue Use?	As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	120 tablets in PET pot
Net Weight grams	60
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36

Regulatory Status	Food Supplement
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