

UK Product Name MA1793 Haritaki/Sarsaparilla complex **Code Name** MA1793
Availability Stock item in UK

Description Provides holistic support for the respiratory system. Cleanses, supports natural immunity and moisture balance, and helps optimal functioning of the entire respiratory area.

Maintain the health of the respiratory system
 Ayurveda recommends a holistic approach to respiratory health. It recommends that you provide ongoing nourishment and support to the lungs and the respiratory system. Respiratory Protection is a blend of 27 active Ayurvedic herbs, spices and minerals to help keep the lungs clean, support natural immunity and optimal functioning of the lungs and the entire respiratory area.

Herbal Masterpiece

The herbs in Respiratory Protection are combined in exact proportions and prepared in the traditional Ayurvedic way. This improves bioavailability and assimilation of vital nutrients. It also creates synergy -- the collective benefit is much greater than isolated, individual herbs.

- Haritaki, Silver Fir and Holy Basil nurture the delicate bronchial tissues.
- Marshmallow Root and Sarsaparilla help lubrication and maintain moisture balance in the bronchial channels.
- Indian Tinospora, Indian pennywort help support natural immunity in the bronchial area.
- Spreading Hogweed, Holy Basil and Neem help detoxify the bronchial channels

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg)
Terminalia chebula Retz.	Haritaki	fruit rind	1	12.24	61.2
Hemidesmus indicus (Linn.) R	Indian Sarsaparilla	root	2	10.2	51.0
Althaea officinalis	Marsh Mallow	flower	3	9.18	45.9
Abies webbiana Lindl.	Silver Fir	leaf	3	9.18	45.9
Boerhaavia diffusa Linn.	Spreading Hogweed	root	5	7.65	38.3
Withania somnifera (L.) Dunal	Aswagandha	root	5	7.65	38.3
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	7	4.08	20.4
Ocimum sanctum Linn.	Holy Basil	leaf	7	4.08	20.4
Inula racemosa Hook. f.	Inula root	root extract	9	3.06	15.3
Centella asiatica (Linn.) Urban	Indian Pennywort	whole plant	10	2.55	12.8
Emblica officinalis Gaertn.	Amla	fruit rind	10	2.55	12.8
Convolvulus pluricaulis Chois	Aloeweed	whole plant	12	2.04	10.2
Adhatoda vasica Nees.	Malabar Nut	leaf extract	12	2.04	10.2
Azadirachta indica Adr. Juss.	Neem	leaf	12	2.04	10.2
Bambusa arundinacea Willd.	Bamboo Manna	secretion	12	2.04	10.2
Liquidambar orientalis Miller	Oriental Sweet Gum	exudate	12	2.04	10.2
Cinnamomum zeylanicum Blume	Cinnamon	bark	12	2.04	10.2
Dorema ammoniacum D. Don	Gum ammoniac	exudate	12	2.04	10.2
Syzygium aromaticum (Linn.)	Clove	flower bud	12	2.04	10.2
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	20	1.53	7.7
Mesua ferrea Linn.	Cobra's Saffron	flower	20	1.53	7.7
Piper longum Linn.	Long Pepper	fruit	20	1.53	7.7
Piper nigrum Linn.	Black Pepper	fruit	23	1.02	5.1
Zingiber officinale Rosc.	Ginger	rhizome	23	1.02	5.1
Pistacia integerrima Steud. ex	Galls	gall	23	1.02	5.1
Biotite mica	Abhraka bhasma		26	0.51	2.6
Corallium rubrum L.	Red coral	stem	26	0.51	2.6
Acacia arabica Willd.	Gum Arabic	excipient	28	2.04	10.2
Talcum	Talc	excipient	29	0.51	2.6

Contraindications/Precautions None

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

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Availability	Stock item in UK		
Usage			
Age Group	All		
Dosage Form	500mg tablet		
Method of Use	Take 1-2 tablets twice daily with warm water.		
How Long to Continue Use?	As recommended in the General Information leaflet.		
Specific Dietary/Lifestyle Advice	Take warm, light easily digestible foods. Avoid excessive mental and emotional stress.		
Presentation			
Presentation	60 tablets in an amber PET bottle with t/e lid		
Net Weight grams	30		
Storage	Store in a cool, dry, dark place, tightly closed		
Shelf Life (months)	36		
Regulatory Status	Medicine Exempt from Licensing		