

UK Product Name

MA1791 Indian Madder/Sacred Fig complex

Code Name MA1791

Availability

Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Nelumbo nucifera Gaertn.	Sacred Lotus	flower	1	13.27	66.4
Trachyspermum ammi (Linn.	Ajowain	fruit	1	13.27	66.4
Nymphaea stellata Willd.	Blue Water Lily	flower	1	13.23	66.2
Embllica officinalis Gaertn.	Amla	fruit rind	4	9.36	46.8
Santalum album Linn.	White sandalwood	heartwood	5	8.65	43.3
Asparagus racemosus Willd.	Indian asparagus	root extract	6	8.64	43.2
Terminalia chebula Retz.	Haritaki	fruit rind	7	7.2	36.0
Terminalia belerica Roxb.	Bibhitaki	fruit rind	7	7.2	36.0
Curcuma longa Linn.	Turmeric	rhizome	9	4.32	21.6
Embllica officinalis Gaertn.	Amla	fruit rind extract	10	2.16	10.8
Picrorrhiza kurroa Royle ex B	Katuki	root	11	1.73	8.7
Glycyrrhiza glabra Linn.	Liquorice	root	11	1.73	8.7
Pinctada margaritifera b	Black Lipped Oyster Pearl	pearl	13	1.3	6.5
Biotite mica	Abhraka bhasma		14	0.86	4.3
Rubia cordifolia Linn.	Indian Madder	root	14	0.86	4.3
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem starch	14	0.86	4.3
Polygonatum verticillatum (L.)	Whorled Solomon's-Seal	rhizome extract	17	0.76	3.8
Berberis aristata DC	Indian Barberry	wood	18	0.43	2.2
Dioscorea bulbifera		tuberous root ext	19	0.27	1.4
Habenaria intermedia D. Don	Riddhi	tuberous root ext	20	0.22	1.1
Withania somnifera (L.) Dunal	Aswagandha	root extract	21	0.16	0.8
Pterocarpus santalinus Linn. f	Red Sanders	heartwood extra	22	0.13	0.7
Microstylis wallichii Lindl.	Jeevak	stem base extra	22	0.13	0.7
Ipomoea digitata Linn.	Giant Potato	tuberous root ext	22	0.13	0.7
Roscoea procera (Wall.)	Kakoli	tuberous root ext	25	0.08	0.4
Acacia arabica Willd.	Gum Arabic	excipient	26	2.59	13.0
Talcum	Talc	excipient	27	0.43	2.2

Contraindications/Precautions

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group	Adult
Dosage Form	1000mg tablet
Method of Use	Take 1-2 tablets twice a day with milk or ghee
How Long to Continue Use?	As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	60 tablets in an amber PET bottle with t/e lid
Net Weight grams	60
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36

Regulatory Status Medicine Exempt from Licensing