

<b>UK Product Name</b>	Fertility Plus - Men tablets (MA1790)	<b>Code Name</b>	MA1790
<b>Availability</b>	Stock item in UK		
<b>Description</b>	Supports fertility and vigour		

### Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Salmalia malabarica Schott.	Silk Cotton Tree	root	1	29.41	147.1
Asparagus racemosus Willd.	Indian asparagus	tuberous root	2	22.75	113.8
Mucuna pruriens (L.) DC.	Cowage	seed	3	19.61	98.1
Withania somnifera (L.) Duna	Aswagandha	root	4	9.8	49.0
Chlorophytum tuberosum Ba	White Musali	root	5	5.88	29.4
Glycyrrhiza glabra Linn.	Liquorice	root	6	2.94	14.7
Cinnamomum zeylanicum Bl	Cinnamon	bark	7	1.96	9.8
Asphaltum	Shilajit	exudate	7	1.96	9.8
Zingiber officinale Rosc.	Ginger	rhizome	9	0.85	4.3
Piper nigrum Linn.	Black Pepper	fruit	9	0.85	4.3
Piper longum Linn.	Long Pepper	fruit	9	0.85	4.3
Zinc oxide	Zinc bhasma		12	0.59	3.0
Pinctada margaritifera b	Black Lipped Oyster Pearl	pearl	12	0.59	3.0
Acacia arabica Willd.	Gum Arabic	excipient	14	1.47	7.4
Talcum	Talc	excipient:lubrica	15	0.49	2.5

### Contraindications/Precautions

**Over dose and its Management** An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions** None known

### Usage

<b>Age Group</b>	Adult
<b>Dosage Form</b>	500mg tablet
<b>Method of Use</b>	Take 1 tablet twice daily
<b>How Long to Continue Use?</b>	As recommended in the General Information leaflet.
<b>Specific Dietary/Lifestyle Advice</b>	To increase energy favour fresh fruits, vegetables, spices and whole grains in your diet.

### Presentation

<b>Presentation</b>	60 tablets in an amber PET bottle with t/e lid
<b>Net Weight grams</b>	30
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	36

**Regulatory Status** Food Supplement