

UK Product Name

MA1759 Cowage/Indian Asparagus complex

Code Name MA1759

Availability

Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/1000mg)
Mucuna pruriens (L.) DC.	Cowage	seed	1	19.51	195.1
Asparagus racemosus Willd.	Indian asparagus	tuberous root	2	19.22	192.2
Salmalia malabarica Schott.	Silk Cotton Tree	root	3	9.76	97.6
Sida cordifolia Linn.	Country Mallow	whole plant	4	5.49	54.9
Withania somnifera (L.) Dunal	Aswagandha	root	5	5.49	54.9
Tribulus terrestris Linn.	Small Caltrops	fruit	6	5.49	54.9
Mimosa pudica Linn.	Sensitive Plant	whole plant	7	4.88	48.8
Asphaltum	Shilajit	exudate	8	4.46	44.6
Smilax china Linn.	China Root	root	9	2.2	22.0
Cyperus rotundus Linn.	Nut grass	tuberous root	10	2.2	22.0
Acacia arabica Willd.	Gum Arabic	exudate	11	1.95	19.5
Glycyrrhiza glabra Linn.	Liquorice	root	12	1.9	19.0
Phaseolus trilobus Ait.	Wild Gram	whole plant	13	1.65	16.5
Teramnus labialis Spreng.	Mashaparni	whole plant	14	1.65	16.5
Cinnamomum zeylanicum Blu	Cinnamon	bark	15	1.65	16.5
Asparagus adscendens Roxb	White Shatavari	tuberous root	16	1.65	16.5
Biotite mica	Abhraka bhasma		17	1.58	15.8
Zingiber officinale Rosc.	Ginger	rhizome	18	1.1	11.0
Mesua ferrea Linn.	Cobra's Saffron	flower	19	1.1	11.0
Asteracantha longifolia Nees.	Long-leaved Barleria	seed	20	1.1	11.0
Pistacia integerrima Stew. ex	Galls	gall	21	1.09	10.9
Myristica fragrans Houtt	Mace	aril	22	1.09	10.9
Elettaria cardamomum (Linn.)	Cardamom	fruit	23	1.09	10.9
Embllica officinalis Gaertn.	Amla	fruit rind	24	1.02	10.2
Piper cubeba Linn. f.	Cubeb	seed	25	0.55	5.5
Ferroso-ferric oxidum	Iron bhasma		26	0.51	5.1
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	27	0.14	1.4
Talcum	Talc	excipient	28	0.49	4.9

Contraindications/Precautions None

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group Adult

Dosage Form 1000mg tablet

Method of Use Take 1 tablet twice daily with lukewarm water or milk.

How Long to Continue Use? May be taken continuously for maximum benefit.

Specific Dietary/Lifestyle Advice

Presentation

Presentation 60 tablets in an HDPE pot with foil seal

Net Weight grams 60

Storage Store in a cool, dry, dark place, tightly closed

Shelf Life (months) 36

Regulatory Status

Medicine Exempt from Licensing