

**UK Product Name** Glucostat (MA1407) **Code Name** MA1407

**Availability** Stock item in UK

**Description** Supports balanced sugar metabolism

Too many sweet, heavy foods, long-term stress and lack of exercise can contribute to an imbalance in sugar metabolism. The Glucostat herbal formula is a powerful combination of herbs that supports the body's natural ability to metabolise sugar.

NOTE: Not recommended if you have low blood-sugar.

The herbs in Glucostat help these Ayurvedic factors

- support digestion and assimilation of vital nutrients and processing of carbohydrate
- help rejuvenation of nerve cells in the legs
- help maintain healthy kidney function
- cleansing of impurities
- balance your blood chemistry
- support those functions that can be strained by poor sugar metabolism

Herbal Masterpiece

The herbs in Glucostat are combined in precise proportions and prepared in the traditional ayurvedic way. This improves the bioavailability of vital nutrients. It also creates synergy — the collective benefit is much greater than that of isolated, individual herbs.

- Ashwagandha is one of the foremost herbs for balancing Vata and improving nerve function.
- Spreading Hogweed (Punarnava) helps maintain good liver and kidney function.
- Punarnava means "that which can make one new again." It helps the body flush impurities for smooth operation of nephrons (kidney cells). It also supports the effect of Ashwagandha which support nerve function in the legs.

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/1000mg)
Boerhaavia diffusa Linn.	Spreading Hogweed	root	1	21.44	214.4
Withania somnifera (L.) Dunal	Aswagandha	root	1	21.44	214.4
Asphaltum	Shilajit	exudate	3	10.09	100.9
Eugenia jambolana Lam.	Java Plum	seed	3	10.09	100.9
Aegle marmelos Corr.	Bael	leaf	3	10.09	100.9
Aegle marmelos Corr.	Bael	leaf extract	6	6.96	69.6
Azadirachta indica Adr. Juss.	Neem	leaf	7	2.52	25.2
Enicostema littorale Blume.	Indian Gentian	whole plant	7	2.52	25.2
Phyllanthus niruri Linn.	Bhumiamla	whole plant	7	2.52	25.2
Terminalia arjuna W. & A.	Arjuna	bark	7	2.52	25.2
Eugenia jambolana Lam.	Java Plum	leaf	7	2.52	25.2
Momordica charantia Linn.	Bitter Gourd	fruit extract	12	0.97	9.7
Gymnema sylvestre R.Br.	Gymnema	leaf extract	13	0.86	8.6
Terminalia arjuna W. & A.	Arjuna	bark extract	14	0.52	5.2
Pterocarpus marsupium Roxb.	Malabar Kino	wood extract	15	0.34	3.4
Symplocos racemosa Roxb.	Lodh Tree	bark extract	16	0.28	2.8
Pongamia pinnata (Linn.) Merr	Indian Beech	bark extract	17	0.15	1.5
Berberis aristata DC	Indian Barberry	stem extract	17	0.15	1.5
Shorea robusta Gaertn. f.	Sal Tree	bark extract	19	0.11	1.1
Albizia lebbek Benth.	East Indian Walnut	bark extract	19	0.11	1.1
Dalbergia sissoo Roxb.	Rosewood	bark extract	21	0.09	0.9
Borassus flabellifera Linn.	Palmyra Palm	bark extract	22	0.08	0.8
Tectona grandis Linn. f.	Teak	bark extract	22	0.08	0.8
Acacia catechu (Linn.f.) Willd.	Cutch Tree	bark extract	24	0.07	0.7
Santalum album Linn.	White sandalwood	wood extract	25	0.06	0.6
Betula utilis D. Don	Silver Birch	bark extract	26	0.03	0.3
Acacia arabica Willd.	Gum Arabic	excipient	27	2.9	29.0
Talcum	Talc	excipient	28	0.48	4.8

**Contraindications/Precautions** Do not take on an empty stomach. Not recommended if you have low blood sugar.

**Over dose and its Management** An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions** None known

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**Usage**

**Age Group** All  
**Dosage Form** 1000mg tablet  
**Method of Use** Take 1-2 tablets twice daily with warm water. Do not take on an empty stomach  
**How Long to Continue Use?** As recommended in the General Information leaflet.  
**Specific Dietary/Lifestyle Advice**

**Presentation**

**Presentation** 60 tablets in an amber PET pot with t/e lid.  
**Net Weight grams** 60  
**Storage** Store in a cool, dry, dark place, tightly closed  
**Shelf Life (months)** 36

**Regulatory Status** Food Supplement