

UK Product Name LiverCare syrup (MA936) **Code Name** MA0936
Availability Stock item in UK

Description Supports the balanced liver function that is essential for detoxification and overall health.

Liver Balance™

According to Maharishi Ayurveda, the liver is governed by Ranjaka Pitta and is composed of five Bhuta Agnis (fires). The five agnis should not be too high, too low or uneven. The more balanced the agnis the more 'intelligent' blood that comes from the liver. In turn, intelligent blood supports physical and mental power, good oxygen flow and a good immune function.

Livercare tablets and the faster acting Livercare Syrup help keep all five agnis in balance, even if a person has an imbalance in Pitta or low agni (digestion). The combination of Boerhaavia and Gulancha Tinospora support the livers detoxificatory actions. The intense bitterness of Bhumiamla, Wormwood and Neem give great support to overall liver function. .
 Improve These Ayurvedic Factors

This formula:

- ☐ Supports the cleansing of the liver to flush out undigested impurities (ama) that can block the assimilation of nutrients.
- ☐ Clears channels for toxins to flow out.
- ☐ Supports balanced digestion by enhancing the five metabolic functions of the liver (Bhuta Agni).
- ☐ Maintains the intelligence of the liver for the production of healthy blood cells (Ranjaka Pitta), bile and nutritional fluids.
- ☐ Helps the first step of digestion and metabolism (Jathar Agni) which breaks down food.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/5ml)
Saccharum officinarum Linn.	Sugar Cane	juice of stem	1	76.9	5,113.9
Phyllanthus niruri Linn.	Bhumiamla	whole plant	2	4	266.0
Boerhaavia diffusa Linn.	Spreading Hogweed	root	3	3.08	204.8
Azadirachta indica Adr. Juss.	Neem	bark	4	1.54	102.4
Berberis aristata DC	Indian Barberry	stem	4	1.54	102.4
Cedrus deodara (Roxb.) Loud	Deodar	heartwood	4	1.54	102.4
Artemesia absinthium L.	Wormwood	whole plant	4	1.54	102.4
Moringa oleifera Lam.	Drumstick Tree	bark	4	1.54	102.4
Zingiber officinale Rosc.	Ginger	rhizome	4	1.54	102.4
Tephrosia purpurea (Linn.) P	Wild Indigo	whole plant	4	1.54	102.4
Terminalia chebula Retz.	Haritaki	fruit rind	4	1.54	102.4
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem	4	1.54	102.4
Trichosanthes dioica Roxb.	Pointed Gourd	leaf	4	1.54	102.4
Crataeva nurvala Buch.- Ham	Three-leaved Caper	bark	4	1.54	102.4
Sodium benzoate	Sodium benzoate	excipient, preser	16	0.23	15.3
Citric acidum	Citric acid	excipient, preser	17	0.08	5.3

Contraindications/Precautions None

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group All

Dosage Form liquid

Method of Use Take 1-2 teaspoons (5-10ml) before meals initially 3 times daily and after 7 days twice daily.

How Long to Continue Use? As recommended in the General Information leaflet.

Specific Dietary/Lifestyle Advice It is important to favour proteinous foods and reduce fats and alcohol. Related Health Tips
 ·☐ Avoid cigarette smoke, alcohol, drugs, chemicals, pollution, etc. as much as possible.
 ·☐ Avoid preservatives and leftovers that make the liver work even harder to filter them from reaching the blood.

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Availability	Stock item in UK <ul style="list-style-type: none">· <input type="checkbox"/> Don't skip or delay meals.· <input type="checkbox"/> Drink plenty of water for hydration and flushing out of toxins.· <input type="checkbox"/> Avoid hot, spicy foods and hot drinks.· <input type="checkbox"/> Eat sweet, juicy fruits daily· <input type="checkbox"/> The Herbal Di-Gest™ formula improves overall digestion.· <input type="checkbox"/> Eat stewed apples with cloves in the morning for breakfast.		
Presentation			
Presentation	200ml in an amber glass or PET bottle with metal or plastic t/e cap.		
Net Weight grams	266		
Storage	Store in a cool, dry, dark place, tightly closed		
Shelf Life (months)	36		
Regulatory Status	Food Supplement		