

**UK Product Name** MA933 Liquorice/Inula syrup

**Code Name** MA0933

**Availability** Stock item in UK

**Description**
**Ingredients**

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/10ml)
Saccharum officinarum Linn	Sugar Cane	juice of stem	1	65.14	8,663.6
Aqua	Water		2	32.14	4,274.6
Cordia dichotoma Forst. f.	Sebesten	fruit	3	0.55	73.2
Inula racemosa Hook. f.	Inula root	root	4	0.44	58.5
Glycyrrhiza glabra Linn.	Liquorice	root	5	0.22	29.3
Clerodendrum serratum (Linn)	Glory Tree	root	6	0.2	26.6
Myrica nagi Thunb.	Box Myrtle	bark	7	0.17	22.6
Achyranthes aspera L.	Prickly Chaff Flower	whole plant	8	0.16	21.3
Zingiber officinale Rosc.	Ginger	rhizome	9	0.15	20.0
Uraria picta Linn.	Prisniparni	whole plant	10	0.14	18.6
Amomum subulatum Roxb.	Greater cardamom	fruit	11	0.11	14.6
Gmelina arborea Linn.	Cashmere Bark	bark	11	0.11	14.6
Phaseolus trilobus Ait.	Wild Gram	whole plant	13	0.08	10.6
Desmodium gangeticum DC.	Tik Trefoil	whole plant	14	0.07	9.3
Elettaria cardamomum (Linn)	Cardamom	fruit	15	0.06	8.0
Aegle marmelos Corr.	Bael	bark	16	0.03	4.0
Sodium benzoate	Sodium benzoate	excipient preserv	17	0.17	22.6
Citric acidum	Citric acid	excipient:preserv	18	0.07	9.3

**Contraindications/Precautions**

None

**Over dose and its Management**

An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions**

None known

**Usage**
**Age Group**

All

**Dosage Form**

syrup

**Method of Use**

Shake well. Take 2 teaspoonfuls (10ml) 2-3 times daily. If the cough does not respond with 4-6 days consult your health advisor again. Taking Throat Ease pills may be more convenient when travelling.

**How Long to Continue Use?**

As recommended in the General Information leaflet.

**Specific Dietary/Lifestyle Advice**

Avoid citrus fruits, heavy and oily food such as milk cheese, meats, ice-cream, oils, nuts. Favour freshly cooked hot, light food. especially sweet juicy fruits and green vegetables. Take regular exercise

**Presentation**
**Presentation**

200ml in an amber glass or PET bottle with metal or plastic t/e cap.

**Net Weight grams**

266

**Storage**

Store in a cool, dry, dark place, tightly closed

**Shelf Life (months)**

36

**Regulatory Status**

Medicine Exempt from Licensing