

UK Product Name Radiant Skin tablets (MA926) **Code Name** MA0926

Availability Stock item in UK

Description For a glowing complexion

The ordinary approach to skin care is moisturizers and wrinkle creams. It is more important to nourish your skin cells from within. Radiant Skin tablets are a precise blend of 14 rare herbs that help purify the liver and blood, and support your body's ability to absorb nutrients. This helps improve the entire skin-building process. Radiant Skin includes concentrated, cold-pressed herbal extracts that maintain the value and power of the whole plant.

Balance these ayurvedic factors with Radiant Skin:
 balanced liver function, pure blood cells and high quality nutrition for the skin;
 skin temperature and glow;
 digestive fire, moisture and suppleness of skin
 less internal toxins (Amavisha) due to improper digestion (Ama) that can accumulate in the skin.

Tinospora is said to be the only herb that helps eliminate both Amavisha (internal impurities due to improper digestion or metabolism) and Garavisha (external toxins from environmental pollution and preservatives, colouring or other chemical additives in our food). It also has excellent properties as an immuno-modulator. Red Sanders balances Pitta in the skin (sensitivity) and help keep the skin clear. Neem is also a detoxifier, cleansing the body of toxins.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Picrorrhiza kurroa Royle ex B	Katuki	root extract	1	15.53	77.7
Tribulus terrestris Linn.	Small Caltrop	fruit	2	12.62	63.1
Glycyrrhiza glabra Linn.	Liquorice	root extract	3	10.68	53.4
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem extract	3	10.68	53.4
Hemidesmus indicus (Linn) R	Indian Sarsaparilla	root	3	10.68	53.4
Cyperus rotundus Linn.	Nut grass	tuberous root	6	5.83	29.2
Berberis aristata DC	Indian Barberry	stem	7	4.85	24.3
Pterocarpus santalinus Linn. f	Red Sanders	heartwood	7	4.85	24.3
Santalum album Linn.	White sandalwood	heartwood	9	2.91	14.6
Withania somnifera (L.) Dunal	Aswagandha	root	10	2.91	14.6
Ferroso-ferric oxidum	Iron bhasma		10	2.91	14.6
Azadirachta indica Adr. Juss.	Neem	bark extract	12	2.91	14.6
Swertia chirata Buch.-Ham.	Chiretta	whole plant extr	12	2.91	14.6
Cassia fistula Linn	Indian Laburnum	fruit pulp extract	12	2.91	14.6
Rubia cordifolia Linn.	Indian Madder	root extract	12	2.91	14.6
Corallium rubrum L.	Red coral	stem	16	0.97	4.9
Acacia arabica Willd.	Gum Arabic	excipient	17	1.94	9.7
Calcii carbonas	Calcium carbonate	excipient	18	0.48	2.4
Talcum	Talc	excipient	18	0.48	2.4

Contraindications/Precautions Do not take in conjunction with MA1000, Be Trim 1 & 2 (MA1006, MA1007), and Detox (MA1010)

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group All

Dosage Form 500mg tablet

Method of Use For the first 15 days take 1 tablet with water twice daily after meals. Then increase 1-2 tablets 3 times daily.

How Long to Continue Use? As recommended in the General Information leaflet.

Specific Dietary/Lifestyle Advice Minimise intake of oily foods and citrus fruit. Taking fresh sweet fruits is useful.

Presentation

Presentation 60 tablets in an amber PET pot with t/e lid

UK Product Name	Radiant Skin tablets (MA926)	Code Name	MA0926
Availability	Stock item in UK		
Net Weight grams	30		
Storage	Store in a cool, dry, dark place, tightly closed		
Shelf Life (months)	36		
Regulatory Status	Food Supplement		