

UK Product Name	Nasal Drops (MA735)	Code Name	MA0735
Availability	Stock item in UK		

Description

Supports mental clarity and health of upper respiratory tract and sinuses

This preparation of herbalised sesame oil and goats milk with 25 herbs helps to protect your nose and sinuses, and keep the nasal passages free. Clear nasal passages can be thought of as the ventilation system for your brain that is essential for clear thinking. The herbal content also support balanced mental function and resistance to infection,

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/0.1ml)
Sesamum indicum Linn.	Sesame	seed oil	1	93.56	0.9
Goats milk	Goats milk		2	3.5	0.0
Rubia cordifolia Linn.	Indian Madder	root	3	1.68	0.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	4	0.19	0.0
Curcuma longa Linn.	Turmeric	rhizome	5	0.09	0.0
Adhatoda vasica Nees.	Malabar Nut	whole plant	5	0.09	0.0
Nelumbo nucifera Gaertn.	Sacred Lotus	flower	5	0.09	0.0
Pavonia odorata Willd.	Netrabala	root	8	0.08	0.0
Glycyrrhiza glabra Linn.	Liquorice	root	8	0.08	0.0
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	10	0.06	0.0
Nelumbo nucifera Gaertn.	Sacred Lotus	stamen	10	0.06	0.0
Leptadenia reticulata (Retz.)	Jivanti	root	12	0.05	0.0
Hemidesmus indicus (Linn) R	Indian Sarsaparilla	root	12	0.05	0.0
Uraria picta Linn.	Prisniparni	whole plant	12	0.05	0.0
Nymphaea stellata Willd.	Blue Water Lily	flower	15	0.04	0.0
Elettaria cardamomum (Linn.)	Cardamom	fruit	15	0.04	0.0
Cinnamomum tamala (Buch.-	Cassia Lignae	leaf	15	0.04	0.0
Berberis aristata DC	Indian Barberry	stem	18	0.03	0.0
Cyperus rotundus Linn.	Nut grass	tuberous root	18	0.03	0.0
Cyperus scariosus (R.Br.)	Nagarmotha	tuberous root	18	0.03	0.0
Vetiveria zizanioides (Linn.) N	Vetivert	root	21	0.02	0.0
Salmalia malabarica Schott.	Silk Cotton Tree	bark	21	0.02	0.0
Vitex agnus-castus Linn.	Chaste Tree	seed	21	0.02	0.0
Cinnamomum zeylanicum Bl	Cinnamon	bark	21	0.02	0.0
Desmodium gangeticum DC.	Tik Trefoil	whole plant	21	0.02	0.0
Santalum album Linn.	White sandalwood	heartwood	26	0.01	0.0
Cedrus deodara (Roxb.) Loud	Deodar	heartwood	26	0.01	0.0
Aegle marmelos Corr.	Bael	bark	26	0.01	0.0

Contraindications/Precautions

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group	All
Dosage Form	herbal oil
Method of Use	Put one spray (0.1ml) up each nostril several times a day. Do not use within 30 mins before meals or bedtime. Do not swallow - spit out any mucus that comes down the nasal passage.
How Long to Continue Use?	May be used continuously for maximum benefit.
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	20ml in a plastic dispensing sprayer
Net Weight grams	97?
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36



Public Information

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Regulatory Status

General