

**UK Product Name**

MA690 Cobra's Saffron/Bael fruit complex

**Code Name**

MA0690

**Availability**

Stock item in UK

**Description**

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Mesua ferrea Linn.	Cobra's Saffron	flower	1	32	160.0
Saccharum officinarum Linn.	Sugar Cane	juice of stem	2	15.82	79.1
Aegle marmelos Corr.	Bael	fruit pulp	3	6.22	31.1
Foeniculum vulgare ssp capill	Bitter fennel	seed	3	6.22	31.1
Pimpinella anisum Linn.	Anise	fruit	3	6.22	31.1
Acacia arabica Willd.	Gum Arabic	exudate	6	4.44	22.2
Salmalia malabarica Schott.	Silk Cotton Tree	exudate	7	3.2	16.0
Santalum album Linn.	White sandalwood	heartwood	7	3.2	16.0
Vetiveria zizanioides (Linn.) N	Vetivert	root	7	3.2	16.0
Hedychium spicatum Ham ex	Spiked Ginger Lily	rhizome	7	3.2	16.0
Elettaria cardamomum (Linn.	Cardamom	fruit	7	3.2	16.0
Coriandrum sativum Linn.	Coriander	seed	7	3.2	16.0
Rosa centifolia Linn.	Cabbage Rose	petal	7	3.2	16.0
Starch	Starch	excipient	14	4.44	22.2
Acacia arabica Willd.	Gum Arabic	excipient	14	4.44	22.2
Calcii carbonas	Calcium carbonate	excipient	16	1.78	8.9
Talcum	Talc	excipient:lubrica	17	0.44	2.2

**Contraindications/Precautions**

None

**Over dose and its Management**

An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions**

None known

## Usage

**Age Group**

All

**Dosage Form**

500mg tablet

**Method of Use**

Take 2-4 tablets twice daily.

**How Long to Continue Use?**

As recommended in the General Information leaflet.

**Specific Dietary/Lifestyle Advice**

Adopt a Pitta pacifying diet - avoid acid and spicy foods, tomatoes, cheese,

## Presentation

**Presentation**

60 tablets in an HDPE pot with foil seal.

**Net Weight grams**

30

**Storage**

Store in a cool, dry, dark place, tightly closed

**Shelf Life (months)**

36

**Regulatory Status**

Medicine Exempt from Licensing