

**UK Product Name** Aci-Balance tablets (MA575) **Code Name** MA0575  
**Availability** Stock item in UK

**Description** Helps keep stomach acidity in balance.  
 Too many hot, spicy foods can spark excess digestive fire and too much stomach acid. Over time, this can knock digestion out of balance and lead to a variety of health problems.

Modern drugs can quickly reduce acidity but the body then produces more. The 17 herbs in Aci-Balance help to bring balance so that acid is maintained at an appropriate level for both short-term comfort and long-term balance.

The herbs in Aci-Balance help:

- balance stomach acid and digestive fire
- support overall digestion
- help the body preserve the purity and vitality of nutrients from foods you eat.

Herbal Masterpiece

The herbs in Aci-Balance are combined in precise proportions and prepared the traditional ayurvedic way. This improves bioavailability and assimilation of vital nutrients. It also creates synergy -- the collective benefit is much greater than isolated, individual herbs.

- Turpeth has a special property of both cleansing and balancing digestion. We use the rare white form of Turpeth which is safe and very effective for this purpose.
- Clove, cardamom and ginger support digestion and comfort.
- Amla has the unusual ability to enliven digestion without heating the body, so it is ideal for balancing stomach acid and other Pitta-related digestive problems.
- Cabbage Rose is cooling and helps balance Pitta.

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/1000mg)
Embllica officinalis Gaertn.	Amla	fruit rind	1	19.66	196.6
Glycyrrhiza glabra Linn.	Liquorice	root	2	19.36	193.6
Saccharum officinarum Linn.	Sugar Cane	juice of stem	2	19.36	193.6
Sodium carbonate	Sodium carbonate		4	9.67	96.7
Potassii nitras	Saltpetre		5	8.14	81.4
Ipomoea turpethum R.Br.	White turpeth	root	6	6.45	64.5
Syzygium aromaticum (Linn.)	Clove	flower bud	7	3.22	32.2
Potassium aluminium sulphat	Alumen		8	1.02	10.2
Ammonii chloridum	Sal ammoniac		9	0.51	5.1
Terminalia chebula Retz.	Haritaki	fruit rind	10	0.4	4.0
Piper longum Linn.	Long Pepper	fruit	10	0.4	4.0
Zingiber officinale Rosc.	Ginger	rhizome	10	0.4	4.0
Piper nigrum Linn.	Black Pepper	fruit	10	0.4	4.0
Terminalia belerica Roxb.	Bibhitaki	fruit rind	14	0.32	3.2
Rosa centifolia Linn.	Cabbage Rose	petal	14	0.32	3.2
Elettaria cardamomum (Linn.)	Cardamom	fruit	14	0.32	3.2
Cyperus scariosus (R.Br.)	Nagarmotha	tuberous root	14	0.32	3.2
Cinnamomum tamala (Buch.-	Cassia Lignae	leaf	14	0.32	3.2
Amomum subulatum Roxb.	Greater cardamom	fruit	14	0.32	3.2
Acacia arabica Willd.	Gum Arabic	excipient	20	4.56	45.6
Talcum	Talc	excipient:lubrica	21	2.73	27.3
Magnesium stearate	Magnesium stearate	excipient	22	1.83	18.3

**Contraindications/Precautions** None

**Over dose and its Management** An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions** None known

## Usage

**Age Group** All

**Dosage Form** 1000mg tablet

**Method of Use** Take 1-2 tablets twice daily after main meals with a sip of warm water. Extra tablets may be taken as required at other times up to a total of not more than 6 Tabs per

<b>UK Product Name</b>	Aci-Balance tablets (MA575)	<b>Code Name</b>	MA0575
<b>Availability</b>	Stock item in UK		
<b>How Long to Continue Use?</b>	day. Do not chew. For lasting results, use regularly for 2-3 months.		
<b>Specific Dietary/Lifestyle Advice</b>	For lasting results use for at least 2-3 months. Reduce spicy & salty foods, alcohol and smoking. Favour sweet juicy fruits, Take a little cold milk but not with meals. Make lunch the main meal and eat at regular times. Avoid mental stress.		
<b>Presentation</b>			
<b>Presentation</b>	60 tablets in an amber PET pot with t/e lid		
<b>Net Weight grams</b>	60		
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed		
<b>Shelf Life (months)</b>	36		
<b>Regulatory Status</b>	Food Supplement		