

**UK Product Name** MA425 Jal Brahmi/Indian Asparagus arishta **Code Name** MA0425  
**Availability** Stock item in UK

**Description**
**Ingredients**

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/10ml)
Aqua	Water		1	58.03	6,325.3
Saccharum officinarum Linn.	Sugar Cane	juice of stem	2	14	1,526.0
Honey	Honey		3	10	1,090.0
Self generated alcohol	Self generated alcohol		4	8	872.0
Bacopa monnieri (Linn.) Pen	Jal Brahmi	whole plant	5	3	327.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	6	2	218.0
Terminalia chebula Retz.	Haritaki	fruit rind	6	2	218.0
Foeniculum vulgare ssp capill	Bitter fennel	seed	8	0.75	81.8
Pueraria tuberosa DC.	Indian Kudzu	tuberous root	9	0.6	65.4
Zingiber officinale Rosc.	Ginger	rhizome	9	0.6	65.4
Woodfordia fruticosa (Linn.)	Fire Flame Bush	flower	11	0.5	54.5
Vetiveria zizanioides (Linn.) N	Vetivert	root	12	0.25	27.3
Syzygium aromaticum (Linn.)	Clove	flower bud	13	0.03	3.3
Acorus calamus L.	Sweet Flag	rhizome	13	0.03	3.3
Ipomoea turpethum R.Br.	White turpeth	root	13	0.03	3.3
Terminalia belerica Roxb.	Bibhitaki	fruit rind	13	0.03	3.3
Elettaria cardamomum (Linn.)	Cardamom	fruit	13	0.03	3.3
Cinnamomum zeylanicum Bl	Cinnamon	bark	13	0.03	3.3
Vitex agnus-castus Linn.	Chaste Tree	seed	13	0.03	3.3
Withania somnifera (L.) Duna	Aswagandha	root	13	0.03	3.3
Piper longum Linn.	Long Pepper	fruit	13	0.03	3.3

<b>Contraindications/Precautions</b>	Not recommended if acid stomach and heartburn occur regularly or during pregnancy and nursing. Contains alcohol.
<b>Over dose and its Management</b>	An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.
<b>Side Effects and Interactions</b>	None known
<b>Usage</b>	
<b>Age Group</b>	All
<b>Dosage Form</b>	liquid
<b>Method of Use</b>	Take 2-4 teaspoons (10-20ml) twice daily after meals with an equal quantity of water. After 15-30 days switch to MA107 tablets.
<b>How Long to Continue Use?</b>	Not more than 30 days
<b>Specific Dietary/Lifestyle Advice</b>	

**Presentation**

<b>Presentation</b>	200ml in an amber glass or PET bottle with metal or plastic t/e cap.
<b>Net Weight grams</b>	218
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	120

**Regulatory Status** Medicine Exempt from Licensing