

UK Product Name

MA425 Jal Brahmi/Indian Asparagus arishta

Code Name MA0425

Availability

Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/10ml)
Aqua	Water		1	58.03	6,325.3
Saccharum officinarum Linn.	Sugar Cane	juice of stem	2	14	1,526.0
Honey	Honey		3	10	1,090.0
Self generated alcohol	Self generated alcohol		4	8	872.0
Bacopa monnieri (Linn.) Penn	Jal Brahmi	whole plant	5	3	327.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	6	2	218.0
Terminalia chebula Retz.	Haritaki	fruit rind	6	2	218.0
Foeniculum vulgare Mill	Sweet Fennel	seed	8	0.75	81.8
Pueraria tuberosa DC.	Indian Kudzu	tuberous root	9	0.6	65.4
Zingiber officinale Rosc.	Ginger	rhizome	9	0.6	65.4
Woodfordia fruticosa (Linn.) K	Fire Flame Bush	flower	11	0.5	54.5
Vetiveria zizanioides (Linn.) N	Vetivert	root	12	0.25	27.3
Syzygium aromaticum (Linn.)	Clove	flower bud	13	0.03	3.3
Acorus calamus L.	Sweet Flag	rhizome	13	0.03	3.3
Ipomoea turpethum R.Br.	Turpeth	fruit	13	0.03	3.3
Terminalia belerica Roxb.	Bibhitaki	fruit rind	13	0.03	3.3
Elettaria cardamomum (Linn.)	Cardamom	fruit	13	0.03	3.3
Cinnamomum zeylanicum Blu	Cinnamon	bark	13	0.03	3.3
Vitex agnus-castus Linn.	Chaste Tree	seed	13	0.03	3.3
Withania somnifera (L.) Dunal	Aswagandha	root	13	0.03	3.3
Piper longum Linn.	Long Pepper	fruit	13	0.03	3.3

Contraindications/Precautions

Not recommended if acid stomach and heartburn occur regularly or during pregnancy and nursing. Contains alcohol.

Over dose and its Management

An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions

None known

Usage

Age Group

All

Dosage Form

liquid

Method of Use

Take 2-4 teaspoons (10-20ml) twice daily after meals with an equal quantity of water. After 15-30 days switch to MA107 tablets.

How Long to Continue Use?

Not more than 30 days

Specific Dietary/Lifestyle Advice

Presentation

Presentation

200ml in an amber glass or PET bottle with metal or plastic t/e cap.

Net Weight grams

218

Storage

Store in a cool, dry, dark place, tightly closed

Shelf Life (months)

36

Regulatory Status

Medicine Exempt from Licensing