

UK Product Name MA408 Shilajit/Gymnema complex **Code Name** MA0408
Availability Stock item in UK

Description**Ingredients**

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Asphaltum	Shilajit	exudate	1	32.21	161.1
Gymnema sylvestre R.Br.	Gymnema	leaf	2	21.47	107.4
Cassia auriculata Linn.	Tanner's Cassia	seed	2	21.47	107.4
Azadirachta indica Adr. Juss.	Neem	leaf	2	21.47	107.4
Acacia arabica Willd.	Gum Arabic	excipient:binder	5	2.9	14.5
Talcum	Talc	excipient:lubrica	6	0.48	2.4

Contraindications/Precautions None

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group All
Dosage Form 500mg tablet
Method of Use Take 1/2-1 tablet with warm milk twice daily
How Long to Continue Use? As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice

Presentation

Presentation 60 tablets in an HDPE pot with foil seal.
Net Weight grams 30
Storage Store in a cool, dry, dark place, tightly closed
Shelf Life (months) 36

Regulatory Status Medicine Exempt from Licensing