

UK Product Name

MA373 Grape/Haritaki arishta

Code Name

MA0373

Availability

Stock item in UK

Description

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/10ml)
Saccharum officinarum Linn.	Sugar Cane	juice of stem	1	40.1	4,370.9
Aqua	Water		2	38.1	4,152.9
Vitis vinifera Linn.	Grape	fruit extract	3	8	872.0
Terminalia chebula Retz.	Haritaki	fruit rind extract	3	8	872.0
Self generated alcohol	Self generated alcohol		5	5	545.0
Madhuca indica J.F. Gmel	Mahua tree	flower extract	6	0.4	43.6
Zingiber officinale Rosc.	Ginger	rhizome	7	0.06	6.5
Woodfordia fruticosa (Linn.)	Fire Flame Bush	flower	7	0.06	6.5
Tribulus terrestris Linn.	Small Caltrops	fruit	7	0.06	6.5
Salmalia malabarica Schott.	Silk Cotton Tree	exudate	7	0.06	6.5
Piper chaba Hunter	Java Long Pepper	root	7	0.06	6.5
Ipomoea turpethum R.Br.	White turpeth	root	7	0.06	6.5
Coriandrum sativum Linn.	Coriander	seed	7	0.06	6.5
Baliospermum montanum Mu	Danti	root	7	0.06	6.5

Contraindications/Precautions

Not recommended if acid stomach and heartburn occur regularly or during pregnancy and while nursing. Contains alcohol.

Over dose and its Management

An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions

None known

Usage

Age Group

All

Dosage Form

liquid

Method of Use

Take 2-4 teaspoons (10-20ml) twice daily after meals with an equal quantity of water. After 15-30 days stop using MA373 and start using MA927 (Herbal Digest tablets).

How Long to Continue Use?

Not more than 30 days

Specific Dietary/Lifestyle Advice

Presentation

Presentation

200ml in an amber glass or PET bottle with metal or plastic t/e cap.

Net Weight grams

218

Storage

Store in a cool, dry, dark place, tightly closed

Shelf Life (months)

60

Regulatory Status

Medicine Exempt from Licensing