

UK Product Name	Rasayana for Children (MA230)	Code Name	MA0230
Availability	Stock item in UK		
Description	Supports appetite and physical and mental growth of children		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Ipomoea digitata Linn.	Giant Potato	tuberous root	1	28.02	140.1
Asparagus racemosus Willd.	Indian asparagus	root	1	28.02	140.1
Salmalia malabarica Schott.	Silk Cotton Tree	bark	3	27.05	135.3
Gymnema sylvestre R.Br.	Gymnema	leaf	4	13.53	67.7
Acacia arabica Willd.	Gum Arabic	excipient	5	2.9	14.5
Talcum	Talc	excipient:lubrica	6	0.48	2.4

Contraindications/Precautions	None
Over dose and its Management	An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.
Side Effects and Interactions	None known
Usage	
Age Group	Children aged 4 or more
Dosage Form	500mg tablet
Method of Use	For children aged 4 or more: Take 1 tablet 2-3 times daily with milk or water or honey.
How Long to Continue Use?	As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	60 tablets in an amber PET pot with T/E lid
Net Weight grams	30
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36
Regulatory Status	Food Supplement