

UK Product Name	MA104 Amla/Barley formula	Code Name	MA0104
Availability	Stock item in UK		
Description			

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Emblica officinalis Gaertn.	Amla	fruit rind	1	70.03	350.2
Hordeum vulgare Linn.	Barley	whole plant ash	2	28.01	140.1
Starch	Starch	excipient	3	0.98	4.9
Magnesium stearate	Magnesium stearate	excipient	4	0.49	2.5
Talcum	Talc	excipient:lubrica	4	0.49	2.5

Contraindications/Precautions	Not recommended during pregnancy.
Over dose and its Management	An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.
Side Effects and Interactions	None known
Usage	
Age Group	All
Dosage Form	500mg tablet
Method of Use	Take 1-2 tablets twice daily with water
How Long to Continue Use?	As recommended in the General Information leaflet.
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	60 tablets in an HDPE pot with foil seal.
Net Weight grams	30
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36

Regulatory Status	Food Supplement
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