

UK Product Name	Herbal Tea Sampler	Code Name	TSAMP
Availability	Stock item in UK		
Description	Contains 3 teabags each of the following herbal teas: Be Trim, Slumber Time, Worry Free (Peace of Mind), Kapha (Stimulating), Pitta (Cooling), Vata (Calming).		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(g/box)
	Vata Calming Tea		1	16.7	5.1
	Pitta Cooling Tea		1	16.7	5.1
	Kapha Stimulating Tea		1	16.7	5.1
	Slumber Time Tea		1	16.7	5.1
	Peace of Mind (Worry Free)		1	16.7	5.1
	Be Trim Tea		1	16.7	5.1

Contraindications/Precautions	None
Over dose and its Management	If there is discomfort discontinue use temporarily
Side Effects and Interactions	None known

Usage

Age Group	All
Dosage Form	1.7g teabags.
Method of Use	Infuse one teabag in boiling water for 3-5 minutes. Add milk and sugar to taste.
How Long to Continue Use?	As required
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	18 wrapped and tagged teabags in a cardboard box.
Net Weight grams	30.6
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	36

Regulatory Status	Food and Food Supplement
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