

<b>UK Product Name</b>	Herbal Tea Sampler	<b>Code Name</b>	TSAMP
<b>Availability</b>	Stock item in UK		
<b>Description</b>	Contains 3 teabags each of the following herbal teas: Be Trim, Slumber Time, Worry Free (Peace of Mind), Kapha (Stimulating), Pitta (Cooling), Vata (Calming).		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(g/box)
Clerodendrum	Vata Calming Tea		1	16.7	5.1
	Pitta Cooling Tea		1	16.7	5.1
	Kapha Stimulating Tea		1	16.7	5.1
	Slumber Time Tea		1	16.7	5.1
	Peace of Mind (Worry Free)		1	16.7	5.1
	Be Trim Tea		1	16.7	5.1

<b>Contraindications/Precautions</b>	None
<b>Over dose and its Management</b>	If there is discomfort discontinue use temporarily
<b>Side Effects and Interactions</b>	None known

## Usage

<b>Age Group</b>	All
<b>Dosage Form</b>	1.7g teabags.
<b>Method of Use</b>	Infuse one teabag in boiling water for 3-5 minutes. Add milk and sugar to taste.
<b>How Long to Continue Use?</b>	As required
<b>Specific Dietary/Lifestyle Advice</b>	

## Presentation

<b>Presentation</b>	18 wrapped and tagged teabags in a cardboard box.
<b>Net Weight grams</b>	30.6
<b>Storage</b>	Store in a cool, dry, dark place, tightly closed
<b>Shelf Life (months)</b>	36

<b>Regulatory Status</b>	Food and Food Supplement
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