

UK Product Name	Organic Pitta Tea	Code Name	TP
Availability	Stock item in UK		
Description	A cooling refreshing tea to help keep you in balance in hot weather and under pressure.		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity()
Elettaria cardamomum (Linn.	Cardamom	fruit	1		
Glycyrrhiza glabra Linn.	Liquorice	root	2		
Zingiber officinale Rosc.	Ginger	rhizome	3		
Cinnamomum zeylanicum Bl	Cinnamon	bark	4		
Rosa centifolia Linn.	Cabbage Rose	petal	4		

Contraindications/Precautions	None
Over dose and its Management	NA
Side Effects and Interactions	None known

Usage

Age Group	All
Dosage Form	1.2g teabags
Method of Use	Infuse one teabag in boiling water for 3-5 minutes. Add milk and sugar to taste.
How Long to Continue Use?	As required
Specific Dietary/Lifestyle Advice	

Presentation

Presentation	15 wrapped and tagged teabags in a cardboard box.
Net Weight grams	18
Storage	Store in a cool, dry, dark place, tightly closed
Shelf Life (months)	42

Regulatory Status	Food
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