

<b>UK Product Name</b>	MAK Nectar sugarless tablets (MA7)	<b>Code Name</b>	MA0007
<b>Availability</b>	Stock item in UK		
<b>Description</b>	<p>For full spectrum super-anti-oxidant power. This is a sugar and ghee free version of Maharishi Amrit Nectar paste.</p> <p>If you have a sugar intolerance, take this alternative to the traditional Amrit Nectar formula. It contains the same ingredients as the Nectar without the cane sugar, honey and clarified butter.</p> <p>Amrit Nectar enlivens the body's inner intelligence at a very fundamental level and supports all the following factors:</p> <ul style="list-style-type: none"> <li>- The three types of mental function; acquisition, retention, and recall.</li> <li>- Metabolic transformations, digestion, the emotions and their effect on heart function.</li> <li>- The mind, nervous system, respiration, circulation and elimination.</li> <li>- Moisture balance, physical structure and strength.</li> <li>- The sequential transformation of the seven tissues, one into the other —plasma, blood, muscle, fat, bone, bone marrow and reproductive fluid.</li> <li>- The microcirculatory channels that transport nutrients and energy and can be blocked by improperly digested impurities.</li> <li>- The production of ojas, the finest product of digestion and the master coordinator between consciousness, matter and immunity.</li> <li>- The vitality and strength of the mind and body.</li> </ul> <p>Herbal Masterpiece</p> <p>Amrit epitomizes the Ayurvedic principles of sanyoga -- precise combination -- and sanskar -- meticulous processing. Forty-four whole herbs and fruits are combined in precise proportions in this powerful formula to create synergy -- a whole that is more powerful than the sum of its parts. The ingredients read like an honour roll of revered Ayurvedic herbs -- Amla, Haritaki, Indian Asparagus, Aloeweed, Jal Brahmi etc. ... Amrit is still prepared using the age-old formula prescribed in the traditional texts and passed down by generations of Ayurvedic physicians. It takes 250 meticulous steps to prepare. Twenty-two pounds of raw ingredients are required to produce a single jar of the Amrit Nectar.</p> <p>The herbs are slow-cooked to protect vital nutrients from high temperatures. This precise adherence to tradition and detail ensures that you get an authentic product of unparalleled quality.</p>		

## Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/1000mg)
Emblica officinalis Gaertn.	Amla	fruit rind	1	50.69	506.9
Terminalia chebula Retz.	Haritaki	fruit rind	2	25.35	253.5
Mesua ferrea Linn.	Cobra's Saffron	flower	3	2.38	23.8
Santalum album Linn.	White sandalwood	heartwood	3	2.38	23.8
Elettaria cardamomum (Linn.)	Cardamom	fruit	5	1.98	19.8
Cinnamomum zeylanicum Blume	Cinnamon	bark	5	1.98	19.8
Centella asiatica (Linn.) Urban	Indian Pennywort	whole plant	7	1.78	17.8
Convolvulus pluricaulis Choisy	Aloeweed	whole plant	7	1.78	17.8
Curcuma longa Linn.	Turmeric	rhizome	9	1.19	11.9
Piper longum Linn.	Long Pepper	fruit	9	1.19	11.9
Glycyrrhiza glabra Linn.	Liquorice	root	9	1.19	11.9
Cyperus scariosus (R.Br.)	Nagarmotha	tuberous root	12	0.99	9.9
Cyperus rotundus Linn.	Nut grass	rhizome	12	0.99	9.9
Pedaliium murex Linn.	Large Caltrops	fruit	14	0.2	2.0
Gmelina arborea Linn.	Cashmere Bark	bark	14	0.2	2.0
Aegle marmelos Corr.	Bael	bark	14	0.2	2.0
Desmodium gangeticum DC.	Tik Trefoil	whole plant	14	0.2	2.0
Sida cordifolia Linn.	Country Mallow	whole plant	14	0.2	2.0
Uria picta Linn.	Prisniparni	whole plant	14	0.2	2.0
Teramnus labialis Spreng.	Mashaparni	whole plant	14	0.2	2.0
Stereospermum suaveolens	Trumpet Flower	bark	14	0.2	2.0
Oroxylum indicum Vent.	Trumpet Tree	bark	14	0.2	2.0
Solanum indicum Linn.	Indian nightshade	whole plant	14	0.2	2.0
Saccharum spontaneum Linn.	Wild Sugar Cane	root	14	0.2	2.0
Pueraria tuberosa DC.	Indian Kudzu	tuberous root	14	0.2	2.0

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Premna integrifolia Linn.	Headache Tree	whole plant	14	0.2	2.0
Phaseolus trilobus Ait.	Wild Gram	whole plant	14	0.2	2.0
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	14	0.2	2.0
Eragrostis cynosuroides L.	Eragrostis cynosuroides	root	29	0.1	1.0
Saccharum officinarum Linn.	Sugar Cane	root	29	0.1	1.0
Ipomoea digitata Linn.	Giant Potato	tuberous root	29	0.1	1.0
Leptadenia reticulata (Retz.)	Jivanti	root	29	0.1	1.0
Tribulus terrestris Linn.	Small Caltrops	fruit	29	0.1	1.0
Boerhaavia diffusa Linn.	Spreading Hogweed	root	29	0.1	1.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	29	0.1	1.0
Starch	Starch	excipient:binder	36	0.5	5.0
Magnesium stearate	Magnesium stearate	excipient:lubrica	36	0.5	5.0

**Contraindications/Precautions** None

**Over dose and its Management** An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

**Side Effects and Interactions** None known

### Usage

**Age Group** All

**Dosage Form** 1000mg tablet

**Method of Use** Take 1 tablet twice daily with a sip of water. Ideally take in conjunction with MAK Ambrosia tablets (MA5)

**How Long to Continue Use?** May be taken continuously for maximum benefit.

**Specific Dietary/Lifestyle Advice**

### Presentation

**Presentation** 60 tablets in an amber PET pot with T/E lid

**Net Weight grams** 60

**Storage** Store in a cool, dry, dark place, tightly closed

**Shelf Life (months)** 36

**Regulatory Status** Food Supplement