

UK Product Name MAK Nectar paste (MA4) **Code Name** MA0004

Availability Stock item in UK

Description For full spectrum super-anti-oxidant power. Nourishes all the major body systems.

Amrit Nectar enlivens the bodies inner intelligence at a very fundamental level and supports all the following factors:

- The three types of mental function; acquisition, retention, and recall.
- Metabolic transformations, digestion, the emotions and their effect on heart function.
- The mind, nervous system, respiration, circulation and elimination.
- Moisture balance, physical structure and strength.
- The sequential transformation of the seven tissues, one into the other —plasma, blood, muscle, fat, bone, bone marrow and reproductive fluid.
- The microcirculatory channels that transport nutrients and energy and can be blocked by improperly digested impurities.
- The production of ojas, the finest product of digestion and the master coordinator between consciousness, matter and immunity.
- The vitality and strength of the mind and body.

Herbal Masterpiece

Amrit epitomizes the Ayurvedic principles of sanyoga -- precise combination -- and sanskar -- meticulous processing. Thirty six whole herbs and fruits are combined in precise proportions in this powerful formula to create synergy -- a whole that is more powerful than the sum of its parts.

The ingredients read like an honour roll of revered Ayurvedic herbs -- Amla, Haritaki Indian Asparagus, Aloeweed, Jal Brahmi etc. ... Amrit is still prepared using the age old formula prescribed in the traditional texts and passed down by generations of Ayurvedic physicians. It takes 250 meticulous steps to prepare. Twenty-two pound of raw ingredients are required to produce a single jar of the Amrit Nectar.

The herbs are slow-cooked to protect vital nutrients from high temperatures. This precise adherence to tradition and detail ensures that you get an authentic product of unparalleled quality.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/10g)
Saccharum officinarum Linn.	Sugar Cane	juice of stem	1	61.78	6,178.0
Aqua	Water		2	15.35	1,535.0
Cow ghee (clarified butter)	Clarified butter		3	6.5	650.0
Emblica officinalis Gaertn.	Amla	fruit rind	4	5.22	522.0
Honey	Honey		5	4.22	422.0
Terminalia chebula Retz.	Haritaki	fruit rind	6	2.61	261.0
Cinnamomum zeylanicum Blu	Cinnamon	bark	7	0.34	34.0
Convolvulus pluricaulis Chois	Aloeweed	whole plant	7	0.34	34.0
Santalum album Linn.	White sandalwood	heartwood	7	0.34	34.0
Mesua ferrea Linn.	Cobra's Saffron	flower	7	0.34	34.0
Curcuma longa Linn.	Turmeric	rhizome	7	0.34	34.0
Cyperus scariosus (R.Br.)	Nagarmotha	tuberous root	7	0.34	34.0
Piper longum Linn.	Long Pepper	fruit	7	0.34	34.0
Elettaria cardamomum (Linn.)	Cardamom	fruit	7	0.34	34.0
Bacopa monnieri (Linn.) Penn	Jal Brahmi	whole plant	7	0.34	34.0
Glycyrrhiza glabra Linn.	Liquorice	root	7	0.34	34.0
Cyperus rotundus Linn.	Nut grass	root	7	0.34	34.0
Asparagus racemosus Willd.	Indian asparagus	tuberous root	18	0.09	9.0
Solanum xanthocarpum Schr	Yellow-berried Nightshade	whole plant	19	0.04	4.0
Gmelina arborea Linn.	Cashmere Bark	bark	20	0.03	3.0
Pueraria tuberosa DC.	Indian Kudzu	tuberous root	20	0.03	3.0
Ipomoea digitata Linn.	Giant Potato	tuberous root	20	0.03	3.0
Uraria picta Linn.	Prisniparni	whole plant	20	0.03	3.0
Oroxylum indicum Vent.	Trumpet Tree	bark	20	0.03	3.0
Tribulus terrestris Linn.	Small Caltrops	fruit	20	0.03	3.0
Teramnus labialis Spreng.	Mashaparni	whole plant	20	0.03	3.0
Sida cordifolia Linn.	Country Mallow	whole plant	20	0.03	3.0
Stereospermum suaveolens	Trumpet Flower	bark	28	0.02	2.0

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Boerhaavia diffusa Linn.	Spreading Hogweed	root	28	0.02	2.0
Solanum indicum Linn.	Indian nightshade	whole plant	28	0.02	2.0
Leptadenia reticulata (Retz.)	Jivanti	root	28	0.02	2.0
Premna integrifolia Linn.	Headache Tree	bark	28	0.02	2.0
Desmodium gangeticum DC.	Tik Trefoil	whole plant	28	0.02	2.0
Phaseolus trilobus Ait.	Wild Gram	whole plant	28	0.02	2.0
Pedaliium murex Linn.	Large Caltrops	fruit	28	0.02	2.0
Saccharum spontaneum Linn.	Wild Sugar Cane	root	36	0.01	1.0
Aegle marmelos Corr.	Bael	bark	36	0.01	1.0
Eragrostis cynosuroides L.	Eragrostis cynosuroides	root	36	0.01	1.0
Saccharum officinarum Linn.	Sugar Cane	root	36	0.01	1.0

Contraindications/Precautions In case of diabetes use Amrit Nectar tablets (MA77).

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Usage

Age Group All

Dosage Form paste

Method of Use Take 1 slightly rounded teaspoon (10g) twice daily (ideally before breakfast and before bedtime), on an empty stomach. Use a dry spoon. May be taken by itself or mixed with warm water, warm milk, fruit juice or with food. Children 4-15 1/2 adult dose.

How Long to Continue Use? May be taken continuously for maximum benefit.

Specific Dietary/Lifestyle Advice

Presentation

Presentation 600 grams in an clear glass jar with plastic lid

Net Weight grams 600

Storage Store in a cool, dry, dark place, tightly closed

Shelf Life (months) 36

Regulatory Status Food Supplement