

Maharishi AyurVeda - Public Information

UK Product Name	Kapha Hair & Scalp Oil	Code Name	MA0922
Availability	Discontinued		
Description	For normal to oily scalp and thick hair. Scalp massage improves circulation and strengthens immunity. The herbs and fruits in this oil have a cleansing and nourishing effect on scalp and hair follicles.		

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/ml)
Sesamum indicum Linn.	Sesame	seed oil	1	95.83	910.4
Cymbopogon nardus (L.) Ren	Citronella	essential oil	2	1.23	11.7
Phyllanthus emblica L.	Amla	fruit rind	3	0.42	4.0
Terminalia chebula Retz.	Haritaki	fruit rind	3	0.42	4.0
Terminalia bellerica Roxb.	Bibhitaki	fruit rind	3	0.42	4.0
Rubia cordifolia Linn.	Indian Madder	root	6	0.39	3.7
Cyperus rotundus Linn.	Nut grass	tuberous root	7	0.22	2.1
Oroxylum indicum Vent.	Trumpet Tree	root	7	0.22	2.1
Hibiscus rosa-sinensis Linn.	Shoe Flower	flower	7	0.22	2.1
Cuscuta reflexa Roxb.	Dodder	whole plant	7	0.22	2.1
Berberis aristata DC	Indian Barberry	stem	11	0.21	2.0
Curcuma longa Linn.	Turmeric	rhizome	12	0.2	1.9

Contraindications/Precautions

Over dose and its Management

Side Effects and Interactions

Potential Allergens

Usage

Age Group

Dosage Form

Method of Use

Mix the oil with 25% Cider vinegar, then warm the mixture to body temperature and apply about a tablespoonful to the scalp. Massage it in gently. Leave on for at least 15-30 minutes, then wash it out with Kapha shampoo.

How Long to Continue Use?

Specific Dietary/Lifestyle Advice

Presentation

Presentation

Net Weight grams

Storage

Store in a cool, dry, dark place, tightly closed

Shelf Life (months)

Regulatory Status

Cosmetic